



Health & Safety Policy

Policy Statement

This is the health and safety policy statement of Stubbington Green Runners.

Our health and safety policy is to:

- prevent accidents and minimise the risk of ill health
- manage health and safety risk at club sessions and events
- provide clear instructions and information, as well as adequate training, to our coaches, leaders and volunteers to ensure they are competent to do their role
- consult with our coaches, leaders, volunteers and members on matters concerning their health and safety
- review and revise this policy regularly

Signed: Kevin Ashman

Name: Kevin Ashman

Position: Chairman

Date: 17th March 2022



Responsibilities for health and safety

The overall and final responsibility for health and safety is: Kevin Ashman

The day to day responsibility for ensuring this policy is put into practice is: Kevin Ashman

To ensure that health and safety standards are maintained/improved, the following people have responsibility in the following areas:

- Safety and risk assessments relating to group runs and coached sessions – Mike White
- Safety and risk assessments relating to the Stubbington 10k – Kevin Ashman
- Safety and risk assessments relating to our hosted CC6 – Rob Williams
- Safety and risk assessments relating to our hosted RR10 – Grace Thompson

Safety and risk assessments relating to all other club events (ie. social events) – Kevin Ashman

All coaches, leaders and volunteers should:

- co-operate with the appropriate person responsible on health and safety matters (above)
- take reasonable care of their own health and safety
- report all health and safety concerns to an appropriate person (above)

All members should:

- follow instructions and co-operate with the leader/coach of the session
- take reasonable care of their own health and safety
- report all health and safety concerns to the leader/coach of the session

Arrangements for health and safety

Risk Assessment:

- we will carry out relevant risk assessments for sessions/group runs/events and take action
- we will review risk assessments when conditions change

Training:

- we will make first aid training available to all coaches and leaders

Consultation:

- we will consult with leaders/coaches routinely on health and safety matters as they arise and formally within the committee when we review health and safety.

Stubbington Green Runners Health & Safety Policy

Last updated March 2022

Next review due March 2023