

| Who | Where | Milestone | PB? | Age Grade | Gender 1,2,3 |
|----------------------|------------------------------------|-----------------------|---------|-----------|--------------|
| 2 April 2022 | | | | | |
| Jonathan WARNER | Whiteley parkrun | | New PB! | 75+ | 2 |
| Matt EMERY | Whiteley parkrun | | New PB! | 65+ | |
| Andrew STOCKWELL | Whiteley parkrun | | | 70+ | |
| Marcus LEE | Whiteley parkrun | | | 65+ | |
| Phillip TOWNLEY | Whiteley parkrun | | | 70+ | |
| Martin POWELL | Whiteley parkrun | | | 65+ | |
| Hayley STRADLING | Whiteley parkrun | | New PB! | | |
| Colin TRIGG | Boston parkrun | | | 75+ | 1 |
| Simon GIBBON | Durham parkrun | | New PB! | | |
| Mike HARPER | Barnstaple parkrun | | New PB! | 65+ | |
| Toby GREENFIELD | Netley Abbey parkrun | | | 65+ | |
| Russ COLEMAN | Netley Abbey parkrun | | | 65+ | |
| Frances Louise LORD | Netley Abbey parkrun | | | 75+ | |
| John BLAKE | Queen Elizabeth parkrun | | New PB! | 65+ | |
| Robert CRANSTONE | Weymouth parkrun | | | 75+ | |
| Sarah CRANSTONE | Weymouth parkrun | | | 75+ | |
| Alison HESSELBERTH | Keswick parkrun | | New PB! | 75+ | |
| Chris HALL | Bognor Regis parkrun | | | 70+ | |
| Chris WILLIAMS | Lee-on-the-Solent parkrun | | | 70+ | 3 |
| Gareth CHARLES | Lee-on-the-Solent parkrun | | | 70+ | |
| Simon ROSS | Lee-on-the-Solent parkrun | | | 70+ | |
| Graham MARTIN | Lee-on-the-Solent parkrun | | | 70+ | |
| Lucy MAY | Lee-on-the-Solent parkrun | | | 65+ | 1 |
| Ian MILES | Lee-on-the-Solent parkrun | | | 65+ | |
| Rachel FARGHER | Lee-on-the-Solent parkrun | | | 70+ | 2 |
| Steven MATTY | Lee-on-the-Solent parkrun | | | 65+ | |
| Evan DE WET | Lee-on-the-Solent parkrun | Tenth parkrun | New PB! | | |
| Mike SMITH | Lee-on-the-Solent parkrun | | | 65+ | |
| Andy WHITE | Lee-on-the-Solent parkrun | | New PB! | | |
| Mick WELLAND | Lee-on-the-Solent parkrun | | | 75+ | |
| Cathy WEBB | Lee-on-the-Solent parkrun | | | 70+ | |
| Gail OSBORNE | Lee-on-the-Solent parkrun | | | 65+ | |
| David MALLARD | Fareham parkrun | | | 70+ | |
| Ray GUNNER | Fareham parkrun | | | 70+ | |
| Who | Where | Milestone | PB? | Age Grade | Gender 1,2,3 |
| 9 April 2022 | | | | | |
| Amie MORGAN | Southampton parkrun | | | 65+ | |
| Tim ROLFE | Whiteley parkrun | | | 65+ | 3 |
| Toby GREENFIELD | Whiteley parkrun | | New PB! | 65+ | |
| Phillip TOWNLEY | Whiteley parkrun | | | 70+ | |
| Marcus LEE | Whiteley parkrun | | | 65+ | |
| Alison HESSELBERTH | Whitley Bay parkrun | | | 70+ | |
| Andy WHITE | Queen Elizabeth parkrun | | New PB! | | |
| Lewis BANNER | Lee-on-the-Solent parkrun | | | 75+ | 1 |
| Andy SIMPSON | Lee-on-the-Solent parkrun | | | 75+ | |
| Chris WILLIAMS | Lee-on-the-Solent parkrun | | | 65+ | |
| Graham MARTIN | Lee-on-the-Solent parkrun | | | 70+ | |
| Simon ROSS | Lee-on-the-Solent parkrun | | | 65+ | |
| Mark John EATON | Lee-on-the-Solent parkrun | One Hundredth parkrun | | 70+ | |
| Graham DONNACHIE | Lee-on-the-Solent parkrun | | | 65+ | |
| Lucy MAY | Lee-on-the-Solent parkrun | | | 70+ | 2 |
| Stuart BAMBERGER | Lee-on-the-Solent parkrun | | | 65+ | |
| Mike SMITH | Lee-on-the-Solent parkrun | | | 65+ | |
| Mick WELLAND | Lee-on-the-Solent parkrun | | | 75+ | |
| Gail OSBORNE | Lee-on-the-Solent parkrun | | | 65+ | |
| David MALLARD | Fareham parkrun | | | 70+ | 3 |
| Daisy MCCLEMENTS | Fareham parkrun | | | 70+ | 2 |
| Ray GUNNER | Fareham parkrun | | | 75+ | |
| Andy LEE | Fareham parkrun | | | 65+ | |
| Kevin SAUNDERS | Fareham parkrun | | New PB! | | |
| Brandon CHAPLIN | Roma Pineto parkrun | | | 70+ | 2 |
| Katy BRADLEY | Hafan Pwllheli parkrun | | | | 3 |
| Mike HARPER | Bolberry Down parkrun | | | 75+ | |
| Julia WEBB | North Yorkshire Water Park parkrun | | New PB! | 70+ | |
| Who | Where | Milestone | PB? | Age Grade | Gender 1,2,3 |
| 16 April 2022 | | | | | |
| Lewis BANNER | Havant parkrun | | | 70+ | 1 |
| John BLAKE | Havant parkrun | | | 65+ | |
| Nikki ROEBUCK | Whiteley parkrun | | | 75+ | 1 |
| Heather GRAHAM | Perth parkrun | Fiftieth parkrun | | | |
| Kate ALDOM | Netley Abbey parkrun | Twenty Fifth parkrun | | | |
| Jules DINWOODIE | Netley Abbey parkrun | | | 65+ | |
| Tim ROLFE | Blandford parkrun | | New PB! | 70+ | 2 |
| Mike HARPER | Tamar Lakes parkrun | | New PB! | 70+ | |
| Phil MORGAN | Salisbury parkrun | | | 70+ | |

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|-----------------------|-----------------------------|------------------|------------|------------------|---------------------|
| Amie MORGAN | Salisbury parkrun | | | 70+ | 3 |
| Mick WELLAND | Salisbury parkrun | | | 80+ | |
| Daniel FOSTER | Lee-on-the-Solent parkrun | | | 70+ | |
| Steve CUMES | Lee-on-the-Solent parkrun | | | 75+ | |
| Simon ROSS | Lee-on-the-Solent parkrun | | | 70+ | |
| Graham MARTIN | Lee-on-the-Solent parkrun | | | 70+ | |
| Graham DONNACHIE | Lee-on-the-Solent parkrun | | | 65+ | |
| Lucy MAY | Lee-on-the-Solent parkrun | | | 70+ | 1 |
| Ian MILES | Lee-on-the-Solent parkrun | | | 65+ | |
| Rachel FARGHER | Lee-on-the-Solent parkrun | | | 70+ | |
| Stuart BAMBERGER | Lee-on-the-Solent parkrun | | | 65+ | |
| Dominic SHEPHERD | Lee-on-the-Solent parkrun | | New PB! | 70+ | |
| Andy DONN | Lee-on-the-Solent parkrun | | | 65+ | |
| Gail OSBORNE | Lee-on-the-Solent parkrun | | | 65+ | |
| Victoria JOHN | Lee-on-the-Solent parkrun | Fiftieth parkrun | | | |
| Samuel JOHN | Lee-on-the-Solent parkrun | Fiftieth parkrun | | | |
| David MALLARD | Fareham parkrun | | | 70+ | |
| Phillip TOWNLEY | Fareham parkrun | | New PB! | 70+ | |
| Marcus LEE | Fareham parkrun | | | 65+ | |
| Amy FOX | Fareham parkrun | | New PB! | | |
| Brandon CHAPLIN | Caffarella parkrun | | | 70+ | 2 |
| Daisy MCCLEMENTS | Bartley Park parkrun | | | 70+ | 1 |
| Ray GUNNER | Bartley Park parkrun | | | 75+ | |
| Who | Where | Milestone | PB? | Age Grade | Gender 1,2,3 |
| 23 April 2022 | | | | | |
| Lewis BANNER | Havant parkrun | | | 75+ | 1 |
| Toby GREENFIELD | Whiteley parkrun | | | 65+ | |
| Haydn BROWN | Eastleigh parkrun | | | 65+ | |
| Mike HARPER | Killerton parkrun | | | 70+ | |
| Mark John EATON | Medina I.O.W. parkrun | | | 65+ | |
| Marcus LEE | Winchester parkrun | | | 65+ | |
| Tim ROLFE | Netley Abbey parkrun | | New PB! | 70+ | 1 |
| Kelley HANIVER | Wallace parkrun, Lisburn | | | 75+ | 1 |
| Tommy BLAKE | Queen Elizabeth parkrun | | New PB! | 70+ | 1 |
| Matt EMERY | Weymouth parkrun | | | 65+ | |
| Robert CRANSTONE | Weymouth parkrun | | | 70+ | |
| Sarah CRANSTONE | Weymouth parkrun | | | 75+ | |
| Brandon CHAPLIN | Lee-on-the-Solent parkrun | | New PB! | 70+ | 1 |
| Chris WILLIAMS | Lee-on-the-Solent parkrun | | | 70+ | 3 |
| Simon ROSS | Lee-on-the-Solent parkrun | | | 70+ | |
| Graham MARTIN | Lee-on-the-Solent parkrun | | | 70+ | |
| Lucy MAY | Lee-on-the-Solent parkrun | | | 70+ | 1 |
| Graham DONNACHIE | Lee-on-the-Solent parkrun | | | 65+ | |
| Andrew STOCKWELL | Lee-on-the-Solent parkrun | | | 65+ | |
| Mike BELL | Lee-on-the-Solent parkrun | | | 75+ | |
| Mike SMITH | Lee-on-the-Solent parkrun | | | 70+ | |
| Mick WELLAND | Lee-on-the-Solent parkrun | | | 75+ | |
| Martin POWELL | Lee-on-the-Solent parkrun | | | 65+ | |
| Jules DINWOODIE | Lee-on-the-Solent parkrun | | | 65+ | |
| Kay SADLER | Lee-on-the-Solent parkrun | | New PB! | | |
| Catherine CHAMBERLAIN | Lee-on-the-Solent parkrun | Fiftieth parkrun | | | |
| Jacqueline HEALY | Portsmouth Lakeside parkrun | | New PB! | | |
| Phil MORGAN | Fareham parkrun | | | 70+ | 2 |
| David MALLARD | Fareham parkrun | | | 70+ | |
| Who | Where | Milestone | PB? | Age Grade | Gender 1,2,3 |
| 30 April 2022 | | | | | |
| Katie LEATHERLAND | Town Moor parkrun | | | 70+ | |
| Phil MORGAN | Southampton parkrun | | | 70+ | |
| Amie MORGAN | Southampton parkrun | | | 70+ | |
| Matt EMERY | Whiteley parkrun | | | 65+ | |
| Andy DONN | Whiteley parkrun | | New PB! | 65+ | |
| Marcus LEE | Whiteley parkrun | | | 65+ | |
| Haydn BROWN | Eastleigh parkrun | | | 70+ | |
| Robert CRANSTONE | Weymouth parkrun | | | 75+ | |
| Sarah CRANSTONE | Weymouth parkrun | | | 75+ | |
| Chris WILLIAMS | Lee-on-the-Solent parkrun | | | 70+ | 3 |
| Gareth CHARLES | Lee-on-the-Solent parkrun | | New PB! | 70+ | |
| Steve CUMES | Lee-on-the-Solent parkrun | | | 75+ | |
| Simon ROSS | Lee-on-the-Solent parkrun | | | 70+ | |
| Graham MARTIN | Lee-on-the-Solent parkrun | | | 70+ | |
| Tom NORTH | Lee-on-the-Solent parkrun | | | 70+ | |
| Graham DONNACHIE | Lee-on-the-Solent parkrun | | | 65+ | |
| Dominic SHEPHERD | Lee-on-the-Solent parkrun | | New PB! | 70+ | |
| Mike SMITH | Lee-on-the-Solent parkrun | | | 70+ | |
| Angela HARRISON | Lee-on-the-Solent parkrun | | New PB! | 70+ | |
| Evan DE WET | Lee-on-the-Solent parkrun | | New PB! | | |

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|------------------|-----------------------------|----------------------------------|---------|-----|--|
| Lucy MAY | Lee-on-the-Solent parkrun | | | 65+ | |
| Mick WELLAND | Lee-on-the-Solent parkrun | | | 75+ | |
| Claire PROCTER | Lee-on-the-Solent parkrun | | New PB! | | |
| Martin POWELL | Lee-on-the-Solent parkrun | | | 65+ | |
| Simon GIBBON | Lee-on-the-Solent parkrun | Two Hundred and Fiftieth parkrun | | | |
| George HOWARTH | Lee-on-the-Solent parkrun | One Hundredth parkrun | | | |
| Jules DINWOODIE | Lee-on-the-Solent parkrun | | | 70+ | |
| Louisa KNIGHT | Lee-on-the-Solent parkrun | | New PB! | | |
| Julia LAWTON | Lee-on-the-Solent parkrun | Twenty Fifth parkrun | | | |
| Gail OSBORNE | Lee-on-the-Solent parkrun | | | 65+ | |
| Cathy WEBB | Lee-on-the-Solent parkrun | | | 65+ | |
| Heather GRAHAM | Lee-on-the-Solent parkrun | | New PB! | | |
| Isabella MATTY | Lee-on-the-Solent parkrun | Tenth parkrun | | | |
| Gareth SCADDAN | Lee-on-the-Solent parkrun | Tenth parkrun | | | |
| Stuart BAMBERGER | Portsmouth Lakeside parkrun | | New PB! | | |
| Sara MCRITCHIE | Portsmouth Lakeside parkrun | | New PB! | | |
| Natalie FLACK | Portsmouth Lakeside parkrun | | New PB! | | |
| David MALLARD | Fareham parkrun | | | 70+ | |
| David JENNINGS | Fareham parkrun | | | 65+ | |
| Mike HARPER | Severn Bridge parkrun | | | 75+ | |
| Andy LEE | Sloughbottom parkrun | | | 65+ | |
| Andrew STOCKWELL | Great Salterns parkrun | | | 70+ | |

| April 2022 | | | | | | | |
|-----------------------|-------|--------------------|---------------|--------------|-----------------|---------|-----------|
| Name | Best | | | | Runs this month | PB | Milestone |
| | Time | Age/Gender Grading | Overall Place | Gender Place | | | |
| Aaron KINGSTON | 22:13 | 59.71% | 19 | 18 | 1 | | |
| Alison HESSELBERTH | 26:04 | 75.51% | 85 | 23 | 2 | New PB! | |
| Alison LAWRENCE | 25:16 | 61.35% | 62 | 10 | 5 | | |
| Amelia DOWLER | 35:47 | 45.27% | 241 | 89 | 2 | | |
| Amie MORGAN | 20:24 | 73.04% | 14 | 3 | 5 | New PB! | |
| Amy FOX | 23:39 | 64.69% | 45 | 6 | 2 | New PB! | |
| Andrew SMITH | 43:04 | 38.58% | 121 | 60 | 4 | | |
| Andrew STOCKWELL | 21:08 | 70.90% | 8 | 8 | 3 | | |
| Andy DONN | 21:42 | 67.43% | 22 | 21 | 5 | New PB! | |
| Andy LEE | 23:53 | 68.32% | 30 | 27 | 3 | | |
| Andy RICHARDSON | 27:48 | 56.71% | 74 | 50 | 2 | | |
| Andy SIMPSON | 19:12 | 76.22% | 4 | 4 | 1 | | |
| Andy WHITE | 24:17 | 61.70% | 36 | 28 | 4 | New PB! | |
| Angela HARRISON | 22:36 | 71.68% | 67 | 6 | 3 | New PB! | |
| Anna SINDALL | 26:38 | 56.51% | 70 | 12 | 1 | | |
| Ben GRAHAM | 23:19 | 57.26% | 33 | 28 | 1 | | |
| Brandon CHAPLIN | 18:02 | 74.86% | 1 | 1 | 3 | New PB! | |
| Brian REID | 29:33 | 47.60% | 192 | 135 | 1 | | |
| Callum SWANN | 21:17 | 60.61% | 32 | 29 | 3 | | |
| Carl SCHAFER | 26:47 | 58.87% | 45 | 39 | 4 | | |
| Catherine CHAMBERLAIN | 35:27 | 46.73% | 283 | 103 | 2 | | 50th run |
| Cathy WEBB | 27:22 | 74.06% | 131 | 30 | 2 | | |
| Chris HALL | 21:49 | 71.66% | 18 | 18 | 4 | | |
| Chris WHEELER | 24:44 | 55.59% | 89 | 73 | 3 | | |
| Chris WILLIAMS | 18:28 | 71.03% | 3 | 3 | 5 | | |
| Claire HANRAHAN | 30:58 | 53.50% | 239 | 77 | 2 | | |
| Claire JOHNSON | 36:47 | 46.13% | 327 | 122 | 1 | | |
| Claire PEAL | 31:36 | 51.27% | 80 | 30 | 1 | | |
| Claire PROCTER | 24:43 | 61.90% | 88 | 8 | 3 | New PB! | |
| Colin TRIGG | 18:09 | 79.34% | 1 | 1 | 1 | | |
| Daisy MCCLEMENTS | 20:43 | 71.52% | 5 | 1 | 3 | | |
| Daniel FOSTER | 18:52 | 73.41% | 5 | 5 | 1 | | |
| Danielle STANNING | 25:21 | 62.06% | 52 | 9 | 4 | | |
| David JENNINGS | 21:03 | 67.38% | 13 | 12 | 1 | | |
| David MACSWAYNE | 37:33 | 42.70% | 177 | 102 | 4 | | |
| David MALLARD | 18:59 | 73.57% | 3 | 3 | 5 | | |
| Diane WILSON | 35:08 | 54.46% | 233 | 87 | 2 | | |
| Dominic SHEPHERD | 21:49 | 72.27% | 49 | 42 | 3 | New PB! | |
| Emma BAKER | 27:46 | 55.10% | 43 | 11 | 3 | | |
| Evan DE WET | 22:48 | 56.58% | 53 | 47 | 2 | New PB! | |
| Frances Louise LORD | 25:45 | 76.44% | 73 | 14 | 1 | | |
| Gail OSBORNE | 27:51 | 70.68% | 102 | 23 | 5 | New PB! | |
| Gareth CHARLES | 18:35 | 74.53% | 4 | 4 | 2 | New PB! | |
| Gareth SCADDAN | 34:12 | 41.13% | 244 | 160 | 2 | | |
| George HOWARTH | 25:58 | 63.99% | 120 | 95 | 4 | | 100th run |

Summary

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|-------------------|-------|--------|-----|-----|---|---------------------|
| Graham DONNACHIE | 20:36 | 68.85% | 23 | 22 | 4 | |
| Graham MARTIN | 19:43 | 74.22% | 12 | 12 | 5 | |
| Greig BENSON | 22:39 | 62.62% | 27 | 26 | 3 | |
| Haydn BROWN | 22:39 | 70.79% | 29 | 29 | 2 | |
| Hayley STRADLING | 28:46 | 51.45% | 106 | 23 | 3 | New PB! |
| Heather GRAHAM | 29:40 | 57.19% | 168 | 66 | 5 | New PB! 50th run |
| Helen BENSON | 25:22 | 61.56% | 47 | 4 | 2 | |
| Holly STOCKWELL | 31:21 | 47.21% | 68 | 17 | 3 | |
| Iain GALLAGHER | 26:08 | 55.99% | 41 | 29 | 1 | |
| Ian MILES | 21:34 | 65.22% | 25 | 23 | 4 | |
| Isabella MATTY | 33:47 | 48.20% | 317 | 118 | 1 | |
| Jack GOOZEE | 24:37 | 61.41% | 50 | 43 | 2 | |
| Jacqueline HEALY | 31:15 | 49.97% | 192 | 78 | 4 | New PB! |
| Jacqueline ROSS | 37:52 | 54.36% | 261 | 94 | 5 | |
| Jamie EARLEY | 23:17 | 56.98% | 38 | 34 | 4 | |
| Jamie STOCKWELL | 28:16 | 45.64% | 107 | 84 | 2 | |
| Janet SHAW | 34:59 | 51.74% | 305 | 110 | 2 | |
| Joanna REED | 29:32 | 58.97% | 230 | 62 | 1 | |
| Jodie FRANCIS | 28:11 | 53.93% | 108 | 21 | 2 | |
| John BLAKE | 21:33 | 68.99% | 9 | 9 | 2 | New PB! |
| John COX | 26:40 | 62.31% | 145 | 115 | 1 | |
| John SIMISTER | 29:00 | 56.78% | 88 | 64 | 1 | |
| Jon LEIGH | 27:28 | 58.37% | 91 | 70 | 1 | |
| Jon PLOMER | 23:21 | 62.67% | 55 | 51 | 1 | |
| Jonathan MILLS | 26:06 | 56.51% | 59 | 45 | 4 | |
| Jonathan O'NEIL | 28:08 | 47.16% | 36 | 23 | 2 | |
| Jonathan WARNER | 18:00 | 78.15% | 2 | 2 | 1 | New PB! |
| Josh CULLEN | 21:09 | 60.99% | 22 | 19 | 4 | |
| Josh MILLS | 13:15 | 49.13% | 28 | 20 | 2 | |
| Jules DINWOODIE | 27:30 | 70.55% | 139 | 25 | 4 | |
| Julia LAWTON | 29:13 | 58.81% | 222 | 57 | 1 | 25th run |
| Julia WEBB | 27:16 | 71.15% | 66 | 18 | 1 | New PB! |
| Julie STRADLING | 32:47 | 54.50% | 110 | 44 | 5 | |
| Karen NICHOLS | 31:39 | 55.71% | 278 | 92 | 2 | |
| Kate ALDOM | 25:02 | 61.92% | 83 | 11 | 1 | 25th run |
| Kate CHARLES | 24:34 | 62.62% | 89 | 11 | 1 | |
| Kate PROVIS | 39:19 | 47.31% | 278 | 98 | 1 | |
| Katharine TUCKER | 30:18 | 63.15% | 92 | 22 | 2 | |
| Katie LEATHERLAND | 20:58 | 71.07% | 26 | 4 | 2 | |
| Katy BRADLEY | 27:21 | 61.30% | 13 | 3 | 1 | |
| Kay SADLER | 34:30 | 45.27% | 160 | 55 | 3 | New PB! |
| Keith WHITAKER | 28:52 | 63.57% | 94 | 66 | 4 | |
| Kelley HANIVER | 20:04 | 79.15% | 2 | 1 | 1 | |
| Kevin SAUNDERS | 25:06 | 59.23% | 60 | 51 | 4 | New PB! |
| Kieran CHAPLIN | 21:54 | 62.33% | 14 | 12 | 4 | |
| Kirstie GRAHAM | 26:22 | 58.03% | 105 | 21 | 4 | |
| Lauren FOWLER | 34:52 | 42.88% | 200 | 78 | 1 | |
| Lewis BANNER | 16:50 | 76.83% | 1 | 1 | 3 | |
| Lindsay PRATT | 31:13 | 55.79% | 268 | 85 | 1 | |

Summary

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|------------------|-------|--------|-----|-----|---|---------|-----------|
| Lisa DONN | 26:57 | 61.47% | 117 | 18 | 2 | | |
| Lisa EVENS | 35:11 | 49.50% | 235 | 89 | 3 | | |
| Liz JAMES | 31:40 | 59.58% | 19 | 8 | 1 | | |
| Louisa ABBOTT | 26:14 | 60.55% | 51 | 7 | 4 | | |
| Louisa KNIGHT | 28:33 | 58.73% | 167 | 48 | 3 | New PB! | |
| Lucy MAY | 20:57 | 71.36% | 21 | 1 | 5 | | |
| Marcus LEE | 21:58 | 67.68% | 16 | 15 | 5 | | |
| Mark John EATON | 20:59 | 73.87% | 14 | 14 | 2 | | 100th run |
| Mark SAYWELL | 27:54 | 56.99% | 152 | 115 | 3 | | |
| Mark TUCKER | 25:31 | 63.95% | 42 | 38 | 3 | | |
| Martin POWELL | 25:27 | 66.54% | 33 | 24 | 5 | | |
| Martyn BANNER | 29:24 | 55.50% | 172 | 126 | 1 | | |
| Matt EMERY | 19:24 | 69.94% | 4 | 4 | 3 | New PB! | |
| Max JAMES | 30:14 | 54.47% | 15 | 10 | 1 | | |
| Melissa BARHAM | 33:52 | 47.34% | 196 | 78 | 5 | | |
| Michael HEALY | 27:25 | 53.37% | 151 | 114 | 2 | | |
| Mick WELLAND | 23:53 | 80.74% | 73 | 66 | 5 | | |
| Mike BELL | 22:15 | 78.35% | 32 | 29 | 1 | | |
| Mike HARPER | 20:31 | 78.88% | 7 | 6 | 5 | New PB! | |
| Mike SMITH | 22:14 | 74.74% | 58 | 54 | 4 | | |
| Miles PRITCHARD | 23:05 | 63.39% | 23 | 21 | 2 | | |
| Natalie FLACK | 29:46 | 50.39% | 101 | 21 | 1 | New PB! | |
| Neil JARVIS | 24:49 | 61.38% | 87 | 76 | 5 | | |
| Nick RICHARDSON | 41:36 | 34.09% | 326 | 178 | 1 | | |
| Nicky BEAL | 31:49 | 46.57% | 223 | 87 | 2 | | |
| Nigel FEAST | 28:28 | 59.48% | 166 | 122 | 3 | | |
| Nigel WHITCHER | 27:09 | 57.58% | 128 | 101 | 2 | | |
| Nikki PULLMAN | 42:35 | 35.93% | 209 | 75 | 1 | | |
| Nikki ROEBUCK | 20:00 | 78.67% | 8 | 1 | 1 | | |
| Oana MATTY | 28:12 | 54.55% | 167 | 39 | 1 | | |
| Peter REDMAN | 33:34 | 45.03% | 223 | 144 | 5 | | |
| Phil MORGAN | 18:23 | 72.17% | 2 | 2 | 4 | | |
| Philip OWEN | 27:03 | 56.81% | 128 | 99 | 4 | | |
| Phillip TOWNLEY | 21:23 | 74.98% | 15 | 14 | 3 | New PB! | |
| Rachael OPENSHAW | 24:23 | 61.31% | 36 | 4 | 4 | | |
| Rachel FARGHER | 21:36 | 73.53% | 32 | 2 | 2 | | |
| Ray BERNICE | 28:08 | 55.09% | 92 | 73 | 1 | | |
| Ray GUNNER | 20:54 | 76.71% | 7 | 6 | 5 | | |
| Richard BAILEY | 20:30 | 63.25% | 17 | 17 | 2 | | |
| Richard BURNS | 25:40 | 64.74% | 120 | 96 | 2 | | |
| Richard JACKS | 21:40 | 63.92% | 23 | 21 | 4 | | |
| Rob WILLIAMS | 26:34 | 55.52% | 38 | 30 | 4 | | |
| Robert CRANSTONE | 21:38 | 75.42% | 21 | 19 | 3 | | |
| Russ COLEMAN | 21:22 | 65.83% | 19 | 16 | 1 | | |
| Russell MEAD | 31:22 | 50.27% | 272 | 173 | 1 | | |
| Sacha CLARK | 39:08 | 29.20% | 381 | 157 | 2 | | |
| Sam GRAHAM | 25:39 | 59.65% | 40 | 8 | 5 | | |
| Samuel JOHN | 31:32 | 40.91% | 196 | 130 | 3 | | 50th run |
| Sara MCRITCHIE | 25:41 | 63.08% | 49 | 5 | 4 | New PB! | |

Summary

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|------------------|-------|--------|-----|-----|---|---------|-----------|
| Sarah BARRON | 29:01 | 60.02% | 152 | 32 | 5 | | |
| Sarah CLANSEY | 28:06 | 53.56% | 91 | 22 | 3 | | |
| Sarah CRANSTONE | 24:54 | 76.84% | 64 | 13 | 3 | | |
| Sean MARTIN | 20:45 | 63.53% | 17 | 17 | 2 | | |
| Simon GIBBON | 26:43 | 54.77% | 90 | 73 | 4 | New PB! | 250th run |
| Simon ROSS | 19:40 | 73.22% | 9 | 9 | 5 | | |
| Stacey READ | 36:59 | 41.60% | 191 | 77 | 4 | | |
| Stephen ANDREWS | 28:55 | 44.61% | 97 | 74 | 1 | | |
| Steve CUMES | 19:15 | 76.62% | 11 | 11 | 3 | | |
| Steve FULCHER | 24:38 | 64.55% | 56 | 48 | 4 | | |
| Steven MATTY | 21:52 | 65.85% | 35 | 32 | 3 | | |
| Stuart BAMBERGER | 22:01 | 66.46% | 22 | 21 | 4 | New PB! | |
| Stuart NICHOLSON | 29:13 | 57.96% | 153 | 111 | 5 | | |
| Sue MOORE | 31:07 | 62.35% | 264 | 81 | 1 | | |
| Sue SIMISTER | 33:51 | 59.87% | 137 | 55 | 2 | | |
| Susan WAKEFIELD | 31:05 | 54.58% | 232 | 67 | 2 | | |
| Tim CRUMPTON | 25:29 | 66.45% | 56 | 48 | 2 | | |
| Tim MATTHEWS | 25:11 | 56.32% | 106 | 88 | 3 | | |
| Tim ROLFE | 18:07 | 71.21% | 1 | 1 | 5 | New PB! | |
| Toby GREENFIELD | 21:15 | 66.75% | 9 | 9 | 3 | New PB! | |
| Tom HASTINGS | 21:19 | 61.53% | 13 | 12 | 1 | | |
| Tom MELLOR | 33:26 | 52.74% | 145 | 95 | 2 | | |
| Tom NORTH | 20:03 | 72.98% | 30 | 28 | 1 | | |
| Tom SINDALL | 23:54 | 57.11% | 33 | 30 | 3 | | |
| Tommy BLAKE | 18:10 | 72.59% | 1 | 1 | 1 | New PB! | |
| Tracey TERRY | 34:55 | 48.59% | 351 | 141 | 1 | | |
| Tracie JARVIS | 26:18 | 64.51% | 106 | 11 | 2 | | |
| Vernon WILDE | 27:16 | 58.31% | 82 | 64 | 2 | | |
| Vicky WILLIAMS | 34:38 | 48.99% | 342 | 133 | 1 | | |
| Victoria JOHN | 27:40 | 58.55% | 162 | 35 | 5 | | 50th run |
| Wendy HALL | 33:21 | 55.02% | 86 | 30 | 3 | | |
| Wendy HAWXWELL | 33:04 | 50.71% | 215 | 61 | 1 | | |
| Wendy SMITH | 41:04 | 47.93% | 122 | 58 | 5 | | |
| William COWLEY | 31:01 | 41.59% | 222 | 124 | 2 | | |
| Zoe LEE | 29:10 | 55.54% | 219 | 55 | 1 | | |

| Position | Name | Time | Age Cat | Age Grade | Gender Pos | Milestone | Runs |
|-----------------------------------|------------------------|------------|-------------------|-----------|------------|--------------|------|
| Bushy parkrun | | 909 | 02/04/2022 | | | | |
| | 344 Sam GRAHAM | 25:39 | VW40-44 | 59.65% | 70 | First Timer! | 84 |
| Whiteley parkrun | | 184 | 02/04/2022 | | | | |
| | 2 Jonathan WARNER | 18:00 | VM40-44 | 78.15% | 2 | New PB! | 32 |
| | 4 Matt EMERY | 19:24 | VM35-39 | 69.85% | 4 | New PB! | 111 |
| | 10 Andrew STOCKWELL | 21:08 | VM50-54 | 70.90% | 10 | | 275 |
| | 16 Marcus LEE | 22:14 | VM50-54 | 66.87% | 15 | | 169 |
| | 21 Phillip TOWNLEY | 22:49 | VM60-64 | 70.27% | 19 | | 65 |
| | 23 Richard JACKS | 23:04 | VM40-44 | 60.04% | 21 | | 117 |
| | 33 Tom SINDALL | 24:04 | VM40-44 | 56.72% | 30 | | 45 |
| | 60 Martin POWELL | 25:43 | VM65-69 | 65.85% | 53 | | 287 |
| | 62 Jack GOOZEE | 25:50 | VM50-54 | 58.52% | 55 | | 102 |
| | 69 Greig BENSON | 26:12 | VM45-49 | 54.13% | 61 | | 105 |
| | 73 Mark TUCKER | 26:28 | VM60-64 | 61.65% | 63 | | 128 |
| | 80 Louisa ABBOTT | 27:16 | VW45-49 | 58.25% | 12 | | 32 |
| | 82 Carl SCHAFER | 27:20 | VM55-59 | 57.68% | 69 | | 175 |
| | 106 Hayley STRADLING | 28:48 | SW25-29 | 51.39% | 23 | New PB! | 33 |
| | 107 Jamie STOCKWELL | 28:49 | SM20-24 | 44.77% | 84 | | 104 |
| | 119 Sarah CLANSEY | 29:56 | VW35-39 | 50.11% | 28 | | 105 |
| | 124 Katharine TUCKER | 30:18 | VW60-64 | 63.15% | 30 | | 85 |
| | 135 Holly STOCKWELL | 31:21 | SW25-29 | 47.21% | 35 | | 27 |
| | 149 Julie STRADLING | 33:00 | VW55-59 | 54.14% | 46 | | 44 |
| | 157 Keith WHITAKER | 34:11 | VM70-74 | 53.68% | 103 | | 510 |
| | 160 Kay SADLER | 34:30 | VW40-44 | 45.27% | 55 | | 20 |
| Boston parkrun | | 96 | 02/04/2022 | | | | |
| | 1 Colin TRIGG | 18:09 | VM45-49 | 79.34% | 1 | First Timer! | 30 |
| Lymington Woodside parkrun | | 119 | 02/04/2022 | | | | |
| | 43 Andy LEE | 25:59 | VM60-64 | 62.80% | 32 | First Timer! | 221 |
| Durham parkrun | | 238 | 02/04/2022 | | | | |
| | 168 Simon GIBBON | 29:32 | VM45-49 | 49.55% | 114 | New PB! | 247 |
| Barnstaple parkrun | | 107 | 02/04/2022 | | | | |
| | 20 Mike HARPER | 23:31 | VM60-64 | 68.82% | 19 | New PB! | 438 |
| Netley Abbey parkrun | | 189 | 02/04/2022 | | | | |
| | 18 Toby GREENFIELD | 21:20 | VM45-49 | 66.48% | 15 | | 54 |
| | 19 Russ COLEMAN | 21:22 | VM40-44 | 65.83% | 16 | | 108 |
| | 73 Frances Louise LORD | 25:45 | VW60-64 | 76.44% | 14 | | 171 |
| Queen Elizabeth parkrun | | 94 | 02/04/2022 | | | | |
| | 9 John BLAKE | 21:48 | VM50-54 | 67.66% | 9 | New PB! | 87 |
| Shrewsbury parkrun | | 379 | 02/04/2022 | | | | |
| | 29 Tim ROLFE | 21:01 | SM25-29 | 61.38% | 26 | | 109 |
| Weymouth parkrun | | 265 | 02/04/2022 | | | | |
| | 21 Robert CRANSTONE | 21:38 | VM60-64 | 75.42% | 19 | | 84 |
| | 75 Sarah CRANSTONE | 25:14 | VW60-64 | 75.83% | 14 | | 58 |
| Longrun Meadow parkrun | | 230 | 02/04/2022 | | | | |
| | 156 Sarah BARRON | 30:08 | VW50-54 | 57.80% | 41 | | 161 |
| Keswick parkrun | | 183 | 02/04/2022 | | | | |
| | 85 Alison HESSELBERTH | 26:04 | VW60-64 | 75.51% | 23 | New PB! | 76 |
| Bognor Regis parkrun | | 204 | 02/04/2022 | | | | |
| | 18 Chris HALL | 21:49 | VM55-59 | 71.66% | 18 | First Timer! | 130 |
| Lee-on-the-Solent parkrun | | 282 | 02/04/2022 | | | | |
| | 3 Chris WILLIAMS | 18:38 | SM30-34 | 70.04% | 3 | | 182 |
| | 6 Gareth CHARLES | 19:10 | VM40-44 | 72.26% | 6 | | 143 |
| | 14 Simon ROSS | 20:08 | VM45-49 | 71.52% | 14 | | 344 |
| | 16 Graham MARTIN | 20:18 | VM45-49 | 72.09% | 16 | | 161 |
| | 17 Richard BAILEY | 20:30 | SM30-34 | 63.25% | 17 | | 96 |
| | 20 Sean MARTIN | 20:45 | SM18-19 | 63.53% | 20 | | 18 |
| | 28 Lucy MAY | 21:27 | VW35-39 | 69.70% | 1 | | 56 |
| | 30 Ian MILES | 21:38 | VM40-44 | 65.02% | 28 | | 42 |
| | 32 Rachel FARGHER | 21:41 | VW45-49 | 73.25% | 2 | | 55 |
| | 35 Steven MATTY | 21:52 | VM45-49 | 65.85% | 32 | | 68 |
| | 39 Callum SWANN | 22:11 | SM25-29 | 58.15% | 36 | | 103 |
| | 53 Evan DE WET | 22:51 | SM25-29 | 56.46% | 47 | New PB! | 10 |
| | 63 Andy DONN | 23:46 | VM45-49 | 61.57% | 54 | | 90 |
| | 75 Mike SMITH | 00:16 | VM60-64 | 68.48% | 64 | | 52 |
| | 76 Andy WHITE | 00:17 | VM50-54 | 61.70% | 65 | New PB! | 187 |
| | 79 Rachael OPENSHAW | 00:23 | VW35-39 | 61.31% | 12 | | 128 |
| | 89 Chris WHEELER | 00:44 | VM40-44 | 55.59% | 73 | | 138 |
| | 96 Mick WELLAND | 00:53 | VM75-79 | 77.49% | 79 | | 220 |
| | 97 Amie MORGAN | 00:54 | SW30-34 | 59.84% | 17 | | 233 |

| | | | | | | | |
|-----------------------------------|--------------------|------------|-------------------|------------|-----|--------------|-----|
| 102 | Kieran CHAPLIN | 01:11 | VM40-44 | 54.20% | 82 | | 111 |
| 104 | Neil JARVIS | 01:15 | VM50-54 | 60.33% | 84 | | 68 |
| 114 | Jonathan MILLS | 02:06 | VM50-54 | 56.51% | 91 | | 84 |
| 119 | Danielle STANNING | 02:19 | VW40-44 | 59.78% | 25 | | 64 |
| 128 | Philip OWEN | 03:10 | VM55-59 | 56.56% | 99 | | 207 |
| 131 | Cathy WEBB | 03:22 | VW60-64 | 74.06% | 30 | | 175 |
| 134 | Kirstie GRAHAM | 03:40 | JW15-17 | 55.30% | 31 | | 44 |
| 151 | Gail OSBORNE | 04:59 | VW60-64 | 67.91% | 39 | | 68 |
| 153 | Stuart NICHOLSON | 05:13 | VM65-69 | 57.96% | 111 | | 381 |
| 167 | Louisa KNIGHT | 05:56 | VW50-54 | 56.01% | 49 | | 66 |
| 182 | Victoria JOHN | 06:47 | VW45-49 | 52.63% | 58 | | 48 |
| 196 | Samuel JOHN | 07:32 | SM25-29 | 40.91% | 130 | | 48 |
| 217 | Heather GRAHAM | 09:23 | VW50-54 | 50.82% | 77 | | 48 |
| 233 | Diane WILSON | 11:08 | VW60-64 | 54.46% | 87 | | 74 |
| 235 | Lisa EVENS | 11:11 | VW50-54 | 49.50% | 89 | | 94 |
| 241 | Amelia DOWLER | 11:47 | VW45-49 | 45.27% | 95 | | 88 |
| 242 | Peter REDMAN | 12:03 | VM50-54 | 41.93% | 144 | | 151 |
| 246 | Melissa BARHAM | 12:22 | VW45-49 | 44.09% | 97 | | 120 |
| 252 | Stacey READ | 12:59 | VW40-44 | 41.60% | 101 | | 155 |
| 253 | Jacqueline HEALY | 12:59 | VW40-44 | 42.23% | 102 | | 153 |
| 261 | Jacqueline ROSS | 14:55 | VW65-69 | 52.89% | 107 | | 67 |
| 275 | Andrew SMITH | 21:49 | VM60-64 | 36.27% | 157 | | 390 |
| 276 | Wendy SMITH | 21:51 | VW60-64 | sudo ifcon | 115 | | 281 |
| Stretford parkrun | | 586 | 02/04/2022 | | | | |
| 365 | Jodie FRANCIS | 29:19 | VW35-39 | 51.85% | 102 | First Timer! | 62 |
| 366 | Amy FOX | 29:21 | VW40-44 | 52.13% | 103 | First Timer! | 86 |
| Fareham parkrun | | 199 | 02/04/2022 | | | | |
| 5 | David MALLARD | 19:23 | VM40-44 | 72.06% | 5 | | 237 |
| 21 | Ray GUNNER | 21:47 | VM60-64 | 73.60% | 19 | | 153 |
| 38 | Jamie EARLEY | 23:17 | VM35-39 | 56.98% | 34 | | 149 |
| 60 | Kevin SAUNDERS | 25:44 | VM50-54 | 57.77% | 51 | | 125 |
| 106 | Alison LAWRENCE | 29:00 | VW40-44 | 53.45% | 22 | | 240 |
| 145 | Tom MELLOR | 33:26 | VM70-74 | 52.74% | 95 | | 200 |
| 177 | David MACSWAYNE | 38:31 | VM60-64 | 41.63% | 102 | | 275 |
| 190 | Andy RICHARDSON | 41:54 | VM55-59 | 37.63% | 105 | | 71 |
| Southampton junior parkrun | | 61 | 03/04/2022 | | | | |
| 31 | Josh MILLS | 13:15 | JM10 | 49.13% | 22 | | 6 |
| Southampton parkrun | | 664 | 09/04/2022 | | | | |
| 76 | Amie MORGAN | 21:21 | SW30-34 | 69.79% | 9 | | 234 |
| 77 | Phil MORGAN | 21:21 | SM35-39 | 62.14% | 67 | | 142 |
| Whiteley parkrun | | 137 | 09/04/2022 | | | | |
| 3 | Tim ROLFE | 19:01 | SM25-29 | 67.84% | 3 | | 110 |
| 12 | Toby GREENFIELD | 21:15 | VM45-49 | 66.75% | 11 | New PB! | 55 |
| 13 | Tom HASTINGS | 21:19 | SM30-34 | 61.53% | 12 | | 85 |
| 15 | Phillip TOWNLEY | 21:23 | VM60-64 | 74.98% | 14 | | 66 |
| 20 | Marcus LEE | 21:58 | VM50-54 | 67.68% | 18 | | 170 |
| 30 | Miles PRITCHARD | 23:41 | VM45-49 | 61.79% | 28 | | 11 |
| 35 | Tom SINDALL | 24:14 | VM40-44 | 56.33% | 31 | | 46 |
| 42 | Mark TUCKER | 25:31 | VM60-64 | 63.95% | 38 | | 129 |
| 51 | Louisa ABBOTT | 26:14 | VW45-49 | 60.55% | 7 | | 33 |
| 92 | Katharine TUCKER | 30:19 | VW60-64 | 63.11% | 22 | | 86 |
| 94 | Keith WHITAKER | 30:47 | VM70-74 | 59.61% | 66 | | 511 |
| Whitley Bay parkrun | | 320 | 09/04/2022 | | | | |
| 147 | Alison HESSELBERTH | 26:49 | VW60-64 | 73.40% | 32 | | 77 |
| Barrow parkrun | | 110 | 09/04/2022 | | | | |
| 33 | Martin POWELL | 26:50 | VM65-69 | 63.11% | 25 | First Timer! | 288 |
| Netley Abbey parkrun | | 242 | 09/04/2022 | | | | |
| 145 | Jules DINWOODIE | 29:57 | VW60-64 | 64.77% | 43 | | 192 |
| Queen Elizabeth parkrun | | 80 | 09/04/2022 | | | | |
| 36 | Andy WHITE | 28:34 | VM50-54 | 52.45% | 28 | New PB! | 188 |
| 38 | Rob WILLIAMS | 28:41 | VM50-54 | 51.42% | 30 | | 129 |
| Tamar Lakes parkrun | | 146 | 09/04/2022 | | | | |
| 74 | Andy RICHARDSON | 27:48 | VM55-59 | 56.71% | 50 | First Timer! | 72 |
| Lee-on-the-Solent parkrun | | 313 | 09/04/2022 | | | | |
| 1 | Lewis BANNER | 16:50 | SM30-34 | 76.83% | 1 | | 126 |
| 4 | Andy SIMPSON | 19:12 | VM45-49 | 76.22% | 4 | | 95 |
| 9 | Chris WILLIAMS | 19:55 | SM30-34 | 65.52% | 8 | | 183 |
| 16 | Graham MARTIN | 20:33 | VM45-49 | 71.21% | 15 | | 162 |
| 20 | Simon ROSS | 20:52 | VM45-49 | 69.01% | 19 | | 345 |
| 22 | Mark John EATON | 20:59 | VM55-59 | 73.87% | 21 | | 100 |
| 23 | Graham DONNACHIE | 21:02 | VM45-49 | 67.43% | 22 | | 37 |
| 27 | Lucy MAY | 21:10 | VW35-39 | 70.63% | 2 | | 57 |
| 32 | Callum SWANN | 21:50 | SM25-29 | 59.08% | 29 | | 104 |

| | | | | | | |
|---|-------------------|------------|-------------------|--------|------------------|-----|
| 38 | Stuart BAMBERGER | 22:01 | VM45-49 | 66.46% | 35 | 92 |
| 41 | Ian MILES | 22:28 | VM40-44 | 62.61% | 38 | 43 |
| 44 | Andy DONN | 22:42 | VM45-49 | 64.46% | 41 | 91 |
| 49 | Steven MATTY | 23:03 | VM45-49 | 62.47% | 45 | 69 |
| 58 | Josh CULLEN | 23:22 | SM25-29 | 55.21% | 53 | 74 |
| 73 | Steve CUMES | 24:09 | VM50-54 | 61.08% | 67 | 87 |
| 76 | Mike SMITH | 24:12 | VM60-64 | 68.66% | 70 | 53 |
| 93 | Mick WELLAND | 25:06 | VM75-79 | 76.83% | 83 | 221 |
| 95 | Neil JARVIS | 25:13 | VM50-54 | 60.41% | 85 | 69 |
| 102 | Chris WHEELER | 25:32 | VM40-44 | 53.85% | 90 | 139 |
| 109 | Danielle STANNING | 25:55 | VW40-44 | 60.71% | 13 | 65 |
| 111 | Sara MCRITCHIE | 26:04 | VW45-49 | 62.15% | 15 | 168 |
| 120 | George HOWARTH | 26:38 | VM60-64 | 62.39% | 98 | 97 |
| 121 | Tim MATTHEWS | 26:44 | VM45-49 | 53.05% | 99 | 142 |
| 133 | Kirstie GRAHAM | 27:32 | JW15-17 | 55.57% | 21 | 45 |
| 136 | Jonathan MILLS | 27:55 | VM50-54 | 52.84% | 112 | 85 |
| 151 | Hayley STRADLING | 28:46 | SW25-29 | 51.45% | 31 | 34 |
| 152 | Sarah BARRON | 29:01 | VW50-54 | 60.02% | 32 | 162 |
| 161 | Gail OSBORNE | 29:32 | VW60-64 | 66.65% | 36 | 69 |
| 164 | Stuart NICHOLSON | 29:37 | VM65-69 | 57.18% | 124 | 382 |
| 173 | Victoria JOHN | 29:52 | VW45-49 | 54.24% | 43 | 49 |
| 212 | Julie STRADLING | 32:56 | VW55-59 | 54.25% | 58 | 45 |
| 215 | Wendy HAWXWELL | 33:04 | VW50-54 | 50.71% | 61 | 33 |
| 222 | Samuel JOHN | 33:31 | SM25-29 | 38.49% | 150 | 49 |
| 223 | Peter REDMAN | 33:34 | VM50-54 | 45.03% | 151 | 152 |
| 235 | Heather GRAHAM | 34:36 | VW50-54 | 49.04% | 71 | 49 |
| 244 | Gareth SCADDAN | 35:15 | VM40-44 | 39.91% | 160 | 9 |
| 261 | Amelia DOWLER | 37:15 | VW45-49 | 43.49% | 89 | 89 |
| 271 | Jacqueline ROSS | 38:43 | VM65-69 | 53.16% | 94 | 68 |
| 278 | Kate PROVIS | 39:19 | VW55-59 | 47.31% | 98 | 58 |
| 313 | Stacey READ | 56:49 | VW40-44 | 27.08% | 120 | 156 |
| Bedgebury Pinetum parkrun | | 113 | 09/04/2022 | | | |
| 30 | Chris HALL | 25:25 | VM55-59 | 61.51% | 27 First Timer! | 131 |
| 89 | Wendy HALL | 34:47 | VW55-59 | 52.76% | 32 First Timer! | 88 |
| Portsmouth Lakeside parkrun | | 188 | 09/04/2022 | | | |
| 75 | Sam GRAHAM | 27:44 | VW40-44 | 55.17% | 10 First Timer! | 85 |
| Fareham parkrun | | 250 | 09/04/2022 | | | |
| 3 | David MALLARD | 18:59 | VM40-44 | 73.57% | 3 | 238 |
| 15 | Daisy MCCLEMENTS | 20:43 | SW30-34 | 71.52% | 2 | 69 |
| 21 | Ray GUNNER | 21:18 | VM60-64 | 75.27% | 18 | 154 |
| 25 | Richard JACKS | 21:40 | VM40-44 | 63.92% | 22 | 118 |
| 50 | Jamie EARLEY | 23:58 | VM35-39 | 55.35% | 43 | 150 |
| 76 | Andy LEE | 25:02 | VM60-64 | 65.18% | 67 | 222 |
| 78 | Kevin SAUNDERS | 25:06 | VM50-54 | 59.23% | 69 New PB! | 126 |
| 83 | Steve FULCHER | 25:30 | VM55-59 | 62.35% | 72 | 72 |
| 123 | Alison LAWRENCE | 28:52 | VW40-44 | 53.70% | 29 | 241 |
| 196 | Melissa BARHAM | 34:37 | VW45-49 | 46.32% | 78 | 121 |
| 222 | David MACSWAYNE | 37:33 | VM60-64 | 42.70% | 123 | 276 |
| 235 | Wendy SMITH | 41:04 | VW60-64 | 47.93% | 101 | 282 |
| 240 | Andrew SMITH | 43:04 | VM60-64 | 38.58% | 128 | 391 |
| Roma Pineto parkrun | | 51 | 09/04/2022 | | | |
| 2 | Brandon CHAPLIN | 18:21 | JM15-17 | 73.57% | 2 Prima volta! | 75 |
| 14 | Kieran CHAPLIN | 22:23 | VM40-44 | 60.98% | 12 Prima volta! | 112 |
| 43 | Emma BAKER | 32:15 | VW35-39 | 47.13% | 13 Prima volta! | 61 |
| Hafan Pwllheli parkrun | | 49 | 09/04/2022 | | | |
| 13 | Katy BRADLEY | 27:21 | VW50-54 | 61.30% | 3 First Timer! | 77 |
| Bolberry Down parkrun | | 97 | 09/04/2022 | | | |
| 7 | Mike HARPER | 21:28 | VM60-64 | 75.39% | 6 First Timer! | 439 |
| North Yorkshire Water Park parkrun | | 133 | 09/04/2022 | | | |
| 66 | Julia WEBB | 27:16 | VW60-64 | 71.15% | 18 New PB! | 69 |
| Werribee Park Mansion parkrun | | 143 | 09/04/2022 | | | |
| 41 | Iain GALLAGHER | 26:08 | VM45-49 | 55.99% | 29 First Timer! | 51 |
| Southampton junior parkrun | | 43 | 10/04/2022 | | | |
| 28 | Josh MILLS | 14:12 | JM10 | 45.85% | 20 | 7 |
| Black Park parkrun | | 474 | 16/04/2022 | | | |
| 277 | William COWLEY | 31:01 | SM25-29 | 41.59% | 180 First Timer! | 17 |
| 295 | Nicky BEAL | 31:49 | SW30-34 | 46.57% | 91 First Timer! | 31 |
| Plymvalley parkrun | | 135 | 16/04/2022 | | | |
| 80 | Claire PEAL | 31:36 | VW45-49 | 51.27% | 30 | 61 |
| Havant parkrun | | 220 | 16/04/2022 | | | |
| 1 | Lewis BANNER | 17:47 | SM30-34 | 72.73% | 1 | 127 |
| 19 | John BLAKE | 21:33 | VM50-54 | 68.99% | 16 First Timer! | 88 |

| | | | | | | |
|----------------------------------|------------|-------------------|---------|--------|------------------|-----|
| Whiteley parkrun | 177 | 16/04/2022 | | | | |
| 8 Nikki ROEBUCK | | 20:00 | VW40-44 | 78.67% | 1 | 173 |
| 27 Greig BENSON | | 22:39 | VM45-49 | 62.62% | 26 | 106 |
| 47 Helen BENSON | | 25:22 | VW40-44 | 61.56% | 4 | 140 |
| 66 Carl SCHAFER | | 27:08 | VM55-59 | 58.11% | 56 | 176 |
| 83 Louisa ABBOTT | | 28:47 | VW45-49 | 55.18% | 13 | 34 |
| 90 Simon GIBBON | | 29:22 | VM45-49 | 49.83% | 73 | 248 |
| Perth parkrun | 228 | 16/04/2022 | | | | |
| 105 Kirstie GRAHAM | | 26:22 | JW15-17 | 58.03% | 35 First Timer! | 46 |
| 168 Heather GRAHAM | | 30:03 | VW50-54 | 56.46% | 68 First Timer! | 50 |
| Medina I.O.W. parkrun | 278 | 16/04/2022 | | | | |
| 168 Sarah BARRON | | 33:35 | VW50-54 | 51.86% | 53 | 163 |
| Netley Abbey parkrun | 255 | 16/04/2022 | | | | |
| 83 Kate ALDOM | | 25:02 | VW40-44 | 61.92% | 11 | 25 |
| 97 Claire PROCTER | | 25:49 | VW40-44 | 59.26% | 16 | 39 |
| 122 Sam GRAHAM | | 27:08 | VW40-44 | 56.39% | 22 First Timer! | 86 |
| 161 Jules DINWOODIE | | 29:29 | VW60-64 | 65.80% | 39 | 193 |
| Ganavan Sands parkrun | 75 | 16/04/2022 | | | | |
| 33 Martin POWELL | | 28:05 | VM65-69 | 60.30% | 24 First Timer! | 289 |
| Bognor Regis parkrun | 274 | 16/04/2022 | | | | |
| 148 Keith WHITAKER | | 28:52 | VM70-74 | 63.57% | 105 | 512 |
| Blandford parkrun | 139 | 16/04/2022 | | | | |
| 2 Tim ROLFE | | 18:11 | SM25-29 | 70.94% | 2 New PB! | 111 |
| Tamar Lakes parkrun | 162 | 16/04/2022 | | | | |
| 16 Mike HARPER | | 21:43 | VM60-64 | 74.52% | 14 New PB! | 440 |
| Salisbury parkrun | 303 | 16/04/2022 | | | | |
| 11 Phil MORGAN | | 18:47 | VM35-39 | 70.63% | 10 First Timer! | 143 |
| 29 Amie MORGAN | | 20:51 | SW30-34 | 71.46% | 3 First Timer! | 235 |
| 82 Mick WELLAND | | 23:53 | VM75-79 | 80.74% | 70 First Timer! | 222 |
| Weymouth parkrun | 352 | 30/04/2022 | | | | |
| 239 Claire HANRAHAN | | 30:58:00 | VW45-49 | 53.50% | 77 First Timer! | 76 |
| Lee-on-the-Solent parkrun | 382 | 16/04/2022 | | | | |
| 5 Daniel FOSTER | | 18:52 | VM40-44 | 73.41% | 5 | 180 |
| 15 Steve CUMES | | 19:39 | VM50-54 | 75.06% | 15 | 88 |
| 18 Simon ROSS | | 19:44 | VM45-49 | 72.97% | 18 | 346 |
| 23 Graham MARTIN | | 20:10 | VM45-49 | 72.56% | 23 | 163 |
| 30 Graham DONNACHIE | | 20:36 | VM45-49 | 68.85% | 28 | 38 |
| 32 Lucy MAY | | 20:57 | VW35-39 | 71.36% | 1 | 58 |
| 42 Ian MILES | | 21:34 | VM40-44 | 65.22% | 34 | 44 |
| 43 Rachel FARGHER | | 21:36 | VW45-49 | 73.53% | 4 | 56 |
| 49 Stuart BAMBERGER | | 22:05 | VM45-49 | 66.26% | 40 | 93 |
| 51 Dominic SHEPHERD | | 22:08 | VM55-59 | 71.23% | 42 New PB! | 53 |
| 53 Andy DONN | | 22:10 | VM45-49 | 66.02% | 44 | 92 |
| 65 Josh CULLEN | | 23:11 | SM25-29 | 55.64% | 55 | 75 |
| 101 Neil JARVIS | | 24:49 | VM50-54 | 61.38% | 80 | 70 |
| 117 Sara MCRITCHIE | | 25:41 | VW45-49 | 63.08% | 20 | 169 |
| 120 Chris WHEELER | | 25:51 | VM40-44 | 53.19% | 93 | 140 |
| 122 George HOWARTH | | 25:58 | VM60-64 | 63.99% | 95 | 98 |
| 128 Chris WILLIAMS | | 26:02 | SM30-34 | 50.38% | 97 | 184 |
| 136 Tracie JARVIS | | 26:37 | VW50-54 | 63.74% | 26 | 34 |
| 138 Tim MATTHEWS | | 26:41 | VM45-49 | 53.15% | 103 | 143 |
| 148 Andy WHITE | | 27:19 | VM50-54 | 54.85% | 109 | 189 |
| 153 Angela HARRISON | | 27:23 | VW45-49 | 59.16% | 35 | 28 |
| 167 Oana MATTY | | 28:12 | VW40-44 | 54.55% | 39 | 41 |
| 171 Philip OWEN | | 28:21 | VM55-59 | 54.20% | 122 | 208 |
| 184 Nigel FEAST | | 29:16 | VM65-69 | 57.86% | 131 | 91 |
| 189 Gail OSBORNE | | 29:30 | VW60-64 | 66.72% | 46 | 70 |
| 192 Brian REID | | 29:33 | VM40-44 | 47.60% | 135 | 2 |
| 195 Victoria JOHN | | 29:37 | VW45-49 | 54.70% | 48 | 50 |
| 197 Stuart NICHOLSON | | 29:41 | VM65-69 | 57.05% | 138 | 383 |
| 201 Mark SAYWELL | | 29:45 | VM55-59 | 53.45% | 140 | 57 |
| 232 Susan WAKEFIELD | | 31:10 | VW50-54 | 54.44% | 67 | 35 |
| 240 Samuel JOHN | | 31:43 | SM25-29 | 40.67% | 155 | 50 |
| 256 Jacqueline HEALY | | 32:43 | VW40-44 | 47.73% | 81 | 154 |
| 259 Julie STRADLING | | 32:47 | VW55-59 | 54.50% | 82 | 46 |
| 301 Peter REDMAN | | 34:48 | VM50-54 | 43.44% | 180 | 153 |
| 305 Janet SHAW | | 34:59 | VW55-59 | 51.74% | 110 | 195 |
| 314 Kay SADLER | | 35:23 | VW40-44 | 44.14% | 113 First Timer! | 21 |
| 318 Louisa KNIGHT | | 35:53 | VW50-54 | 46.73% | 117 | 67 |
| 319 Diane WILSON | | 35:54 | VW60-64 | 53.30% | 118 | 75 |
| 327 Claire JOHNSON | | 36:47 | VW50-54 | 46.13% | 122 | 116 |
| 341 Jacqueline ROSS | | 37:54 | VW65-69 | 54.31% | 132 | 69 |
| 351 Melissa BARHAM | | 39:08 | VW45-49 | 40.97% | 141 | 122 |

| | | | | | |
|--------------------------------------|------------|-------------------|--------|-----------------|-----|
| 381 Sacha CLARK | 39:08 | VW50-54 | 27.48% | 157 | 18 |
| Portsmouth Lakeside parkrun | 169 | 16/04/2022 | | | |
| 41 Rachael OPENSHAW | 24:42 | VW35-39 | 60.53% | 4 First Timer! | 129 |
| Fareham parkrun | 228 | 16/04/2022 | | | |
| 6 David MALLARD | 19:22 | VM40-44 | 72.12% | 6 | 239 |
| 23 Phillip TOWNLEY | 21:55 | VM60-64 | 73.16% | 19 New PB! | 67 |
| 35 Marcus LEE | 22:39 | VM50-54 | 65.64% | 30 | 171 |
| 45 Amy FOX | 23:39 | VW40-44 | 64.69% | 6 New PB! | 87 |
| 58 Steve FULCHER | 25:00 | VM55-59 | 63.60% | 48 | 73 |
| 62 Alison LAWRENCE | 25:16 | VW40-44 | 61.35% | 10 | 242 |
| 70 Tim CRUMPTON | 26:09 | VM65-69 | 64.75% | 56 | 20 |
| 91 Jon LEIGH | 27:28 | VM60-64 | 58.37% | 70 | 140 |
| 103 Rob WILLIAMS | 28:03 | VM50-54 | 52.58% | 79 | 130 |
| 108 Jodie FRANCIS | 28:11 | VW35-39 | 53.93% | 21 | 63 |
| 209 Nikki PULLMAN | 42:35 | VW40-44 | 35.93% | 75 | 22 |
| 212 David MACSWAYNE | 44:01 | VM60-64 | 36.43% | 124 | 277 |
| 218 Wendy SMITH | 45:27 | VW60-64 | 43.31% | 82 | 283 |
| Caffarella parkrun | 60 | 16/04/2022 | | | |
| 2 Brandon CHAPLIN | 18:21 | JM15-17 | 73.57% | 2 Prima volta! | 76 |
| 43 Emma BAKER | 27:46 | VW40-44 | 55.10% | 11 Prima volta! | 62 |
| 51 Kieran CHAPLIN | 28:37 | VM40-44 | 47.70% | 39 Prima volta! | 113 |
| Leazes parkrun | 81 | 16/04/2022 | | | |
| 52 Danielle STANNING | 28:42 | VW40-44 | 54.82% | 9 First Timer! | 66 |
| Bartley Park parkrun | 127 | 16/04/2022 | | | |
| 5 Daisy MCCLEMENTS | 20:44 | SW30-34 | 71.46% | 1 First Timer! | 70 |
| 7 Ray GUNNER | 20:54 | VM60-64 | 76.71% | 6 First Timer! | 155 |
| 61 Chris HALL | 30:34 | VM55-59 | 51.15% | 41 First Timer! | 132 |
| 86 Wendy HALL | 33:34 | VW55-59 | 54.67% | 30 First Timer! | 89 |
| Durlston Country Park parkrun | 160 | 16/04/2022 | | | |
| 26 Katie LEATHERLAND | 26:38 | SW30-34 | 55.94% | 4 First Timer! | 22 |
| Southsea parkrun | 371 | 23/04/2022 | | | |
| 22 Josh CULLEN | 21:09 | SM25-29 | 60.99% | 19 First Timer! | 76 |
| Havant parkrun | 222 | 23/04/2022 | | | |
| 1 Lewis BANNER | 17:03 | SM30-34 | 75.86% | 1 | 128 |
| Whiteley parkrun | 163 | 23/04/2022 | | | |
| 9 Toby GREENFIELD | 21:20 | VM45-49 | 66.48% | 9 | 56 |
| 23 Miles PRITCHARD | 23:05 | VM45-49 | 63.39% | 21 | 12 |
| 48 Greig BENSON | 25:56 | VM45-49 | 54.69% | 41 | 107 |
| 54 Helen BENSON | 26:40 | VW40-44 | 58.56% | 7 | 141 |
| 57 Mark TUCKER | 26:46 | VM60-64 | 60.96% | 47 | 130 |
| 71 Louisa ABBOTT | 28:08 | VW45-49 | 56.46% | 15 | 35 |
| 91 Sarah CLANSEY | 29:44 | VW35-39 | 50.62% | 24 | 106 |
| Eastleigh parkrun | 189 | 23/04/2022 | | | |
| 33 Haydn BROWN | 23:11 | VM60-64 | 69.16% | 32 | 293 |
| Killerton parkrun | 225 | 23/04/2022 | | | |
| 29 Mike HARPER | 22:02 | VM60-64 | 73.45% | 25 First Timer! | 441 |
| Medina I.O.W. parkrun | 238 | 23/04/2022 | | | |
| 14 Mark John EATON | 22:56 | VM55-59 | 67.59% | 14 | 101 |
| Winchester parkrun | 273 | 23/04/2022 | | | |
| 50 Marcus LEE | 22:10 | VM50-54 | 67.07% | 41 First Timer! | 172 |
| Netley Abbey parkrun | 179 | 23/04/2022 | | | |
| 1 Tim ROLFE | 18:07 | SM25-29 | 71.21% | 1 New PB! | 112 |
| Wallace parkrun, Lisburn | 147 | 23/04/2022 | | | |
| 2 Kelley HANIVER | 20:04 | VW45-49 | 79.15% | 1 | 58 |
| Queen Elizabeth parkrun | 92 | 23/04/2022 | | | |
| 1 Tommy BLAKE | 18:10 | SM18-19 | 72.59% | 1 New PB! | 99 |
| Seaton parkrun | 155 | 23/04/2022 | | | |
| 88 John SIMISTER | 29:00 | VM60-64 | 56.78% | 64 First Timer! | 142 |
| 137 Sue SIMISTER | 35:47 | VW60-64 | 56.64% | 55 First Timer! | 108 |
| Weymouth parkrun | 260 | 23/04/2022 | | | |
| 10 Matt EMERY | 19:36 | VM35-39 | 69.13% | 10 First Timer! | 112 |
| 31 Robert CRANSTONE | 21:50 | VM60-64 | 74.73% | 26 | 85 |
| 64 Sarah CRANSTONE | 24:57 | VW60-64 | 76.69% | 13 | 59 |
| Lee-on-the-Solent parkrun | 354 | 23/04/2022 | | | |
| 1 Brandon CHAPLIN | 18:02 | JM15-17 | 74.86% | 1 New PB! | 77 |

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|------------------------------------|-----------------------|------------|-------------------|--------|-----|---------------------|
| 3 | Chris WILLIAMS | 18:44 | SM30-34 | 70.02% | 3 | 185 |
| 9 | Simon ROSS | 20:04 | VM45-49 | 71.76% | 9 | 347 |
| 12 | Graham MARTIN | 20:12 | VM45-49 | 72.44% | 12 | 164 |
| 17 | Sean MARTIN | 20:45 | SM20-24 | 62.81% | 17 | 19 |
| 21 | Lucy MAY | 21:04 | VW35-39 | 70.97% | 1 | 59 |
| 24 | Graham DONNACHIE | 21:37 | VM45-49 | 65.61% | 22 | 39 |
| 25 | Ian MILES | 21:39 | VM40-44 | 64.97% | 23 | 45 |
| 27 | Andrew STOCKWELL | 21:48 | VM50-54 | 69.34% | 25 | 276 |
| 32 | Mike BELL | 22:15 | VM65-69 | 78.35% | 29 | 57 |
| 55 | Jon PLOMER | 23:21 | VM45-49 | 62.67% | 51 | 131 |
| 57 | Andy DONN | 23:25 | VM45-49 | 62.49% | 53 | 93 |
| 58 | Mike SMITH | 23:41 | VM60-64 | 70.16% | 54 | 54 |
| 73 | Mick WELLAND | 24:38 | VM75-79 | 78.28% | 66 | 223 |
| 74 | Andy WHITE | 24:41 | VM50-54 | 60.70% | 67 | 190 |
| 81 | Dominic SHEPHERD | 24:51 | VM55-59 | 63.45% | 71 | 54 |
| 87 | Neil JARVIS | 25:04 | VM50-54 | 60.77% | 76 | 71 |
| 88 | Claire PROCTER | 25:07 | VW40-44 | 60.92% | 8 | 40 |
| 97 | Martin POWELL | 25:34 | VM65-69 | 66.23% | 84 | 290 |
| 106 | Tracie JARVIS | 26:18 | VW50-54 | 64.51% | 11 | 35 |
| 117 | Lisa DONN | 26:57 | VW45-49 | 61.47% | 18 | 52 |
| 121 | Jonathan MILLS | 27:14 | VM50-54 | 54.16% | 96 | 86 |
| 123 | Richard BURNS | 27:19 | VM60-64 | 60.83% | 98 | 140 |
| 128 | Nigel WHITCHER | 27:32 | VM55-59 | 56.78% | 101 | 106 |
| 133 | Rob WILLIAMS | 27:42 | VM50-54 | 53.25% | 104 | 131 |
| 136 | Philip OWEN | 27:50 | VM55-59 | 55.21% | 107 | 209 |
| 137 | Emma BAKER | 27:53 | VW40-44 | 54.87% | 23 | 63 |
| 139 | Jules DINWOODIE | 28:00 | VW60-64 | 69.29% | 25 | 194 |
| 144 | Jamie STOCKWELL | 28:16 | SM20-24 | 45.64% | 110 | 105 |
| 151 | Michael HEALY | 28:26 | VM45-49 | 51.47% | 114 | 48 |
| 152 | Mark SAYWELL | 28:27 | VM55-59 | 55.89% | 115 | 58 |
| 154 | Angela HARRISON | 28:30 | VW45-49 | 56.84% | 31 | 29 |
| 162 | Victoria JOHN | 28:50 | VW45-49 | 56.18% | 35 | 51 |
| 166 | Nigel FEAST | 29:08 | VM65-69 | 58.12% | 122 | 92 |
| 170 | Simon GIBBON | 29:19 | VM45-49 | 49.91% | 124 | 249 |
| 172 | Martyn BANNER | 29:24 | VM60-64 | 55.50% | 126 | 156 |
| 196 | George HOWARTH | 30:52 | VM60-64 | 53.83% | 139 | 99 |
| 214 | Sarah BARRON | 31:58 | VW50-54 | 54.48% | 57 | 164 |
| 240 | Holly STOCKWELL | 33:16 | SW25-29 | 44.49% | 75 | 28 |
| 247 | Claire HANRAHAN | 33:31 | VW45-49 | 49.43% | 79 | 77 |
| 278 | Peter REDMAN | 35:16 | VM50-54 | 42.86% | 167 | 154 |
| 282 | Kay SADLER | 35:22 | VW40-44 | 44.16% | 102 | New PB! 22 |
| 283 | Catherine CHAMBERLAIN | 35:27 | VW45-49 | 46.73% | 103 | 50 |
| 284 | Heather GRAHAM | 35:27 | VW50-54 | 47.86% | 104 | 51 |
| 286 | Melissa BARHAM | 35:44 | VW45-49 | 44.87% | 106 | 123 |
| 287 | Karen NICHOLS | 36:08 | VW50-54 | 48.80% | 107 | 68 |
| 307 | Jacqueline ROSS | 38:15 | VW65-69 | 53.81% | 124 | 70 |
| 312 | Lisa EVENS | 38:32 | VW50-54 | 45.20% | 129 | 95 |
| 318 | Richard BAILEY | 39:49 | SM30-34 | 32.57% | 173 | 97 |
| 319 | Stuart NICHOLSON | 39:59 | VM65-69 | 42.35% | 174 | 384 |
| 326 | Nick RICHARDSON | 41:36 | VM45-49 | 34.09% | 178 | 49 |
| Portsmouth Lakeside parkrun | | 222 | 23/04/2022 | | | |
| 97 | Stephen ANDREWS | 28:55 | SM25-29 | 44.61% | 74 | 128 |
| 191 | Stacey READ | 37:15 | VW40-44 | 41.30% | 77 | 157 |
| 192 | Jacqueline HEALY | 37:15 | VW40-44 | 41.92% | 78 | New PB! 155 |
| Fareham parkrun | | 253 | 23/04/2022 | | | |
| 2 | Phil MORGAN | 18:46 | VM35-39 | 70.69% | 2 | First Timer! 144 |
| 4 | David MALLARD | 19:15 | VM40-44 | 72.55% | 4 | 240 |
| 12 | Daisy MCCLEMENTS | 20:56 | SW30-34 | 70.78% | 2 | 71 |
| 14 | Amie MORGAN | 21:24 | SW30-34 | 69.63% | 3 | New PB! 236 |
| 40 | Stuart BAMBERGER | 23:32 | VM45-49 | 62.18% | 34 | New PB! 94 |
| 56 | Tim CRUMPTON | 25:29 | VM65-69 | 66.45% | 48 | 21 |
| 67 | Steve FULCHER | 26:19 | VM55-59 | 60.42% | 57 | 74 |
| 75 | Sara MCRITCHIE | 26:32 | VW45-49 | 61.06% | 14 | 170 |
| 81 | Kevin SAUNDERS | 26:58 | VM50-54 | 55.13% | 64 | 127 |
| 89 | Alison LAWRENCE | 27:29 | VW40-44 | 56.40% | 18 | 243 |
| 102 | Gail OSBORNE | 27:51 | VW60-64 | 70.68% | 23 | New PB! 71 |
| 174 | Wendy HALL | 33:21 | VW55-59 | 55.02% | 61 | 90 |
| 188 | Tom MELLOR | 34:16 | VM70-74 | 51.46% | 115 | 201 |
| 200 | Lauren FOWLER | 34:52 | VW35-39 | 42.88% | 78 | 27 |
| 226 | Ray GUNNER | 39:56 | VM60-64 | 40.15% | 130 | 156 |
| 241 | Richard JACKS | 44:10 | VM40-44 | 31.36% | 133 | 119 |
| Hogmoor Inclosure parkrun | | 243 | 23/04/2022 | | | |
| 44 | Jamie EARLEY | 24:16 | VM35-39 | 54.67% | 38 | First Timer! 151 |
| 104 | Vernon WILDE | 28:31 | VM55-59 | 55.76% | 83 | 148 |
| Victoria Dock parkrun | | 147 | 23/04/2022 | | | |
| 93 | Chris HALL | 27:07 | VM55-59 | 57.65% | 74 | First Timer! 133 |
| Woolacombe Dunes parkrun | | 129 | 23/04/2022 | | | |
| 110 | Julie STRADLING | 43:41 | VW55-59 | 40.90% | 44 | First Timer! 47 |

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|---|------------|-------------------|---------|--------|------------------|-----|
| Amsterdamse Bos parkrun | 130 | 23/04/2022 | | | | |
| 68 Carl SCHAFFER | | 27:34 | VM55-59 | 57.19% | 48 Nieuwe loper! | 177 |
| Itchen Valley Country parkrun | 124 | 23/04/2022 | | | | |
| 36 Rachael OPENSHAW | | 25:38 | VW35-39 | 58.32% | 7 First Timer! | 130 |
| 121 Andrew SMITH | | 43:44 | VM60-64 | 38.00% | 60 First Timer! | 392 |
| 122 Wendy SMITH | | 47:23 | VW60-64 | 41.54% | 58 First Timer! | 284 |
| Talkin Tarn Country Park parkrun | 77 | 23/04/2022 | | | | |
| 36 Jonathan O'NEIL | | 28:48 | VM35-39 | 46.06% | 23 | 64 |
| Great Salterns parkrun | 95 | 23/04/2022 | | | | |
| 40 Sam GRAHAM | | 27:00 | VW40-44 | 56.67% | 8 First Timer! | 87 |
| Town Moor parkrun | 515 | 30/04/2022 | | | | |
| 51 Katie LEATHERLAND | | 20:58 | SW30-34 | 71.07% | 4 First Timer! | 23 |
| Southampton parkrun | 812 | 30/04/2022 | | | | |
| 12 Phil MORGAN | | 18:23 | VM35-39 | 72.17% | 12 | 145 |
| 67 Amie MORGAN | | 20:24 | SW30-34 | 73.04% | 4 | 237 |
| Andover parkrun | 251 | 30/04/2022 | | | | |
| 65 Danielle STANNING | | 25:21 | VW40-44 | 62.06% | 10 First Timer! | 67 |
| Endcliffe parkrun | 546 | 30/04/2022 | | | | |
| 99 Josh CULLEN | | 22:42 | SM25-29 | 56.83% | 87 First Timer! | 77 |
| Havant parkrun | 224 | 30/04/2022 | | | | |
| 82 Vernon WILDE | | 27:16 | VM55-59 | 58.31% | 64 | 149 |
| Whiteley parkrun | 180 | 30/04/2022 | | | | |
| 7 Matt EMERY | | 19:31 | VM40-44 | 69.94% | 7 | 113 |
| 10 Tim ROLFE | | 19:54 | SM25-29 | 64.82% | 10 | 113 |
| 22 Andy DONN | | 21:42 | VM45-49 | 67.43% | 21 New PB! | 94 |
| 30 Marcus LEE | | 22:37 | VM50-54 | 65.73% | 27 | 173 |
| 33 Ben GRAHAM | | 23:19 | VM35-39 | 57.26% | 28 | 156 |
| 37 Tom SINDALL | | 23:54 | VM40-44 | 57.11% | 32 | 47 |
| 50 Jack GOOZEE | | 24:37 | VM50-54 | 61.41% | 43 | 103 |
| 70 Anna SINDALL | | 26:38 | VW35-39 | 56.51% | 12 | 57 |
| 98 Sarah CLANSEY | | 28:06 | VW35-39 | 53.56% | 22 | 107 |
| 137 Keith WHITAKER | | 32:42 | VM70-74 | 56.12% | 89 | 513 |
| Eastleigh parkrun | 216 | 30/04/2022 | | | | |
| 29 Haydn BROWN | | 22:39 | VM60-64 | 70.79% | 29 | 294 |
| Winchester parkrun | 345 | 30/04/2022 | | | | |
| 120 Jamie EARLEY | | 24:16 | VM35-39 | 54.67% | 95 | 152 |
| Rotherham parkrun | 132 | 30/04/2022 | | | | |
| 59 Jonathan MILLS | | 27:40 | VM50-54 | 53.31% | 45 First Timer! | 87 |
| Weymouth parkrun | 304 | 30/04/2022 | | | | |
| 31 Robert CRANSTONE | | 21:41 | VM60-64 | 75.25% | 29 | 86 |
| 90 Sarah CRANSTONE | | 24:54 | VW60-64 | 76.84% | 18 | 60 |
| Lee-on-the-Solent parkrun | 426 | 30/04/2022 | | | | |
| 3 Chris WILLIAMS | | 18:28 | SM30-34 | 71.03% | 3 | 186 |
| 4 Gareth CHARLES | | 18:35 | VM40-44 | 74.53% | 4 New PB! | 144 |
| 11 Steve CUMES | | 19:15 | VM50-54 | 76.62% | 11 | 89 |
| 20 Simon ROSS | | 19:40 | VM45-49 | 73.22% | 19 | 348 |
| 21 Graham MARTIN | | 19:43 | VM45-49 | 74.22% | 20 | 165 |
| 30 Tom NORTH | | 20:03 | VM45-49 | 72.98% | 28 | 41 |
| 40 Graham DONNACHIE | | 21:06 | VM45-49 | 67.22% | 37 | 40 |
| 44 Callum SWANN | | 21:17 | SM25-29 | 60.61% | 41 | 105 |
| 49 Dominic SHEPHERD | | 21:49 | VM55-59 | 72.27% | 46 New PB! | 55 |
| 60 Mike SMITH | | 22:14 | VM60-64 | 74.74% | 55 | 55 |
| 67 Angela HARRISON | | 22:36 | VW45-49 | 71.68% | 6 New PB! | 30 |
| 71 Evan DE WET | | 22:48 | SM25-29 | 56.58% | 62 New PB! | 11 |
| 72 Lucy MAY | | 22:59 | VW35-39 | 65.26% | 8 | 60 |
| 89 Kate CHARLES | | 24:34 | VW40-44 | 62.62% | 11 | 142 |
| 90 Mick WELLAND | | 24:36 | VM75-79 | 78.39% | 76 | 224 |
| 91 Rachael OPENSHAW | | 24:37 | VW35-39 | 60.73% | 12 | 131 |
| 95 Claire PROCTER | | 24:43 | VW40-44 | 61.90% | 13 New PB! | 41 |
| 96 Neil JARVIS | | 24:49 | VM50-54 | 61.38% | 80 | 72 |
| 106 Tim MATTHEWS | | 25:11 | VM45-49 | 56.32% | 88 | 144 |
| 116 Martin POWELL | | 25:27 | VM65-69 | 66.54% | 94 | 291 |
| 119 Sam GRAHAM | | 25:39 | VW40-44 | 59.65% | 19 | 88 |
| 120 Richard BURNS | | 25:40 | VM60-64 | 64.74% | 96 | 141 |
| 142 Rob WILLIAMS | | 26:34 | VM50-54 | 55.52% | 114 | 132 |
| 145 John COX | | 26:40 | VM60-64 | 62.31% | 115 | 18 |
| 148 Simon GIBBON | | 26:43 | VM45-49 | 54.77% | 118 | 250 |
| 155 George HOWARTH | | 26:59 | VM60-64 | 61.58% | 122 | 100 |
| 161 Philip OWEN | | 27:03 | VM55-59 | 56.81% | 125 | 210 |
| 164 Nigel WHITCHER | | 27:09 | VM55-59 | 57.58% | 127 | 107 |

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|---|------------|-------------------|--------|-----|--------------|-----|
| 168 Michael HEALY | 27:25 | VM45-49 | 53.37% | 131 | | 49 |
| 171 Jules DINWOODIE | 27:30 | VW60-64 | 70.55% | 33 | | 195 |
| 176 Victoria JOHN | 27:40 | VW45-49 | 58.55% | 35 | | 52 |
| 183 Kirstie GRAHAM | 27:52 | JW15-17 | 54.90% | 38 | | 47 |
| 184 Mark SAYWELL | 27:54 | VM55-59 | 56.99% | 138 | | 59 |
| 196 Nigel FEAST | 28:28 | VM65-69 | 59.48% | 143 | | 93 |
| 202 Louisa KNIGHT | 28:33 | VW50-54 | 58.73% | 48 | New PB! | 68 |
| 219 Zoe LEE | 29:10 | VW45-49 | 55.54% | 55 | | 28 |
| 222 Julia LAWTON | 29:13 | VW50-54 | 58.81% | 57 | | 25 |
| 230 Joanna REED | 29:32 | VW50-54 | 58.97% | 62 | | 72 |
| 232 Gail OSBORNE | 29:34 | VW60-64 | 66.57% | 64 | | 72 |
| 233 Cathy WEBB | 29:35 | VW60-64 | 68.51% | 65 | | 176 |
| 236 Heather GRAHAM | 29:40 | VW50-54 | 57.19% | 66 | New PB! | 52 |
| 237 Hayley STRADLING | 29:41 | SW25-29 | 49.86% | 67 | | 35 |
| 244 Stuart NICHOLSON | 29:51 | VM65-69 | 56.73% | 160 | | 385 |
| 251 Sarah BARRON | 30:21 | VW50-54 | 57.39% | 73 | | 165 |
| 263 Susan WAKEFIELD | 31:05 | VW50-54 | 54.58% | 80 | | 36 |
| 264 Sue MOORE | 31:07 | VW60-64 | 62.35% | 81 | | 5 |
| 267 Lisa DONN | 31:12 | VW45-49 | 53.10% | 84 | | 53 |
| 268 Lindsay PRATT | 31:13 | VW50-54 | 55.79% | 85 | | 19 |
| 270 Jacqueline HEALY | 31:15 | VW40-44 | 49.97% | 86 | | 156 |
| 272 Russell MEAD | 31:22 | VM55-59 | 50.27% | 173 | | 268 |
| 278 Karen NICHOLS | 31:39 | VW50-54 | 55.71% | 92 | | 69 |
| 301 Julie STRADLING | 32:59 | VW55-59 | 54.17% | 107 | | 48 |
| 306 Steven MATTY | 33:40 | VM45-49 | 42.77% | 183 | | 70 |
| 317 Isabella MATTY | 33:47 | JW11-14 | 48.20% | 118 | | 10 |
| 320 Sue SIMISTER | 33:51 | VW60-64 | 59.87% | 119 | | 109 |
| 321 Melissa BARHAM | 33:52 | VW45-49 | 47.34% | 120 | | 124 |
| 336 Gareth SCADDAN | 34:12 | VM40-44 | 41.13% | 188 | | 10 |
| 340 Peter REDMAN | 34:26 | VM50-54 | 43.90% | 189 | | 155 |
| 342 Vicky WILLIAMS | 34:38 | VW50-54 | 48.99% | 133 | | 62 |
| 351 Tracey TERRY | 34:55 | VW50-54 | 48.59% | 141 | | 4 |
| 355 Lisa EVENS | 35:38 | VW50-54 | 48.88% | 145 | | 96 |
| 357 Catherine CHAMBERLAIN | 35:46 | VW45-49 | 46.32% | 147 | | 51 |
| 364 Janet SHAW | 36:06 | VW55-59 | 50.14% | 151 | | 196 |
| 385 Jacqueline ROSS | 37:52 | VW65-69 | 54.36% | 161 | | 71 |
| 412 Stacey READ | 48:57 | VW40-44 | 31.43% | 181 | | 158 |
| 415 Wendy SMITH | 50:36 | VW60-64 | 38.90% | 184 | | 285 |
| 416 Andrew SMITH | 50:37 | VM60-64 | 32.83% | 209 | | 393 |
| 422 Sacha CLARK | 59:39 | VW50-54 | 29.20% | 186 | | 19 |
| Portsmouth Lakeside parkrun | 204 | 30/04/2022 | | | | |
| 22 Stuart BAMBERGER | 22:34 | VM45-49 | 64.84% | 21 | New PB! | 95 |
| 49 Sara MCRITCHIE | 25:54 | VW45-49 | 62.55% | 5 | New PB! | 171 |
| 101 Natalie FLACK | 29:46 | VW35-39 | 50.39% | 21 | New PB! | 37 |
| Fareham parkrun | 206 | 30/04/2022 | | | | |
| 5 David MALLARD | 19:36 | VM40-44 | 71.26% | 5 | | 241 |
| 13 David JENNINGS | 21:03 | VM45-49 | 67.38% | 12 | | 46 |
| 56 Steve FULCHER | 24:38 | VM55-59 | 64.55% | 48 | | 75 |
| 66 Kevin SAUNDERS | 25:41 | VM50-54 | 57.88% | 56 | | 128 |
| 92 Ray BERNICE | 28:08 | VM55-59 | 55.09% | 73 | | 60 |
| 121 Alison LAWRENCE | 31:08 | VW40-44 | 49.79% | 34 | | 244 |
| 185 David MACSWAYNE | 38:49 | VM60-64 | 41.31% | 109 | | 278 |
| 188 Ray GUNNER | 39:24 | VM60-64 | 40.69% | 111 | | 157 |
| 195 Richard JACKS | 41:09 | VM40-44 | 33.66% | 112 | | 120 |
| Blackpool parkrun | 242 | 30/04/2022 | | | | |
| 222 William COWLEY | 41:10 | SM25-29 | 31.34% | 124 | First Timer! | 18 |
| 223 Nicky BEAL | 41:11 | SW30-34 | 35.98% | 87 | First Timer! | 32 |
| Severn Bridge parkrun | 221 | 30/04/2022 | | | | |
| 22 Mike HARPER | 20:31 | VM60-64 | 78.88% | 21 | First Timer! | 442 |
| Littlehampton Prom parkrun | 181 | 30/04/2022 | | | | |
| 28 Kieran CHAPLIN | 21:54 | VM40-44 | 62.33% | 26 | First Timer! | 114 |
| Sloughbottom parkrun | 103 | 30/04/2022 | | | | |
| 30 Andy LEE | 23:53 | VM60-64 | 68.32% | 27 | First Timer! | 223 |
| Weedon Island Preserve parkrun | 26 | 30/04/2022 | | | | |
| 15 Max JAMES | 30:14 | VM60-64 | 54.47% | 10 | First Timer! | 30 |
| 19 Liz JAMES | 31:40 | VW55-59 | 59.58% | 8 | | 66 |
| Bartley Park parkrun | 142 | 30/04/2022 | | | | |
| 19 Aaron KINGSTON | 22:13 | VM35-39 | 59.71% | 18 | First Timer! | 127 |
| Talkin Tarn Country Park parkrun | 101 | 30/04/2022 | | | | |
| 61 Jonathan O'NEIL | 28:08 | VM35-39 | 47.16% | 41 | | 65 |
| Great Salterns parkrun | 102 | 30/04/2022 | | | | |
| 8 Andrew STOCKWELL | 21:25 | VM50-54 | 70.58% | 8 | First Timer! | 277 |
| 45 Carl SCHAFER | 26:47 | VM55-59 | 58.87% | 39 | First Timer! | 178 |
| 68 Holly STOCKWELL | 32:12 | SW25-29 | 45.96% | 17 | First Timer! | 29 |