

Who	Where	Milestone	PB?	Age Grade	Gender 1,2,3
<b>1 October 2022</b>					
Haydn BROWN	Southampton parkrun		New PB!	75+	
Tim ROLFE	Whiteley parkrun			65+	3
Daniel FOSTER	Whiteley parkrun			70+	
Alison GOOD	Whiteley parkrun		New PB!	70+	1
Martin POWELL	Whiteley parkrun			65+	
John BLAKE	Long Eaton parkrun			70+	
Amy FOX	Netley Abbey parkrun		New PB!		3
Stuart BAMBERGER	Crane Park parkrun		New PB!		
Sara MCRITCHIE	Crane Park parkrun		New PB!		
Iain GALLAGHER	Point Cook parkrun		New PB!		
Steve CUMES	Lee-on-the-Solent parkrun			75+	
Simon ROSS	Lee-on-the-Solent parkrun			70+	
Russ COLEMAN	Lee-on-the-Solent parkrun			65+	
Graham DONNACHIE	Lee-on-the-Solent parkrun			65+	
Jonathan MILLS	Lee-on-the-Solent parkrun	One Hundredth parkrun			
Mick WELLAND	Lee-on-the-Solent parkrun			70+	
Samantha WHITING	Lee-on-the-Solent parkrun	Twenty Fifth parkrun			
Alison HESSELBERTH	Lee-on-the-Solent parkrun			65+	
Colin TRIGG	Bevendean Down parkrun			70+	1
Rob ARKELL	Portsmouth Lakeside parkrun			70+	1
Mike HARPER	Bideford parkrun			75+	
David MALLARD	Fareham parkrun			70+	3
Daisy MCCLEMENTS	Fareham parkrun			65+	1
Ray GUNNER	Fareham parkrun			70+	
Chris HALL	Mole Valley parkrun			65+	
Gareth CHARLES	Broadwater parkrun			65+	
Who	Where	Milestone	PB?	Age Grade	Gender 1,2,3
<b>2 October 2022</b>					
Josh MILLS	Southampton junior parkrun		New PB!		
Who	Where	Milestone	PB?	Age Grade	Gender 1,2,3
<b>8 October 2022</b>					
Josh CULLEN	Amager Fælled parkrun			65+	
Tim ROLFE	Whiteley parkrun			65+	
Russ COLEMAN	Whiteley parkrun			70+	
Toby GREENFIELD	Whiteley parkrun		New PB!	65+	
Marcus LEE	Whiteley parkrun			70+	
Robert GOOD	Whiteley parkrun		New PB!	65+	
Neil STANTIAL	Whiteley parkrun			65+	
Stuart BAMBERGER	Whiteley parkrun		New PB!		
Sara MCRITCHIE	Whiteley parkrun		New PB!		
Sarah GREGORY	Netley Abbey parkrun		New PB!		
Dominic SHEPHERD	Southwark parkrun			65+	
Chris WILLIAMS	Lee-on-the-Solent parkrun			65+	
Andrew STOCKWELL	Lee-on-the-Solent parkrun			75+	
Simon ROSS	Lee-on-the-Solent parkrun			70+	
John BLAKE	Lee-on-the-Solent parkrun			70+	
Graham MARTIN	Lee-on-the-Solent parkrun			70+	
Graham DONNACHIE	Lee-on-the-Solent parkrun			65+	
Rachel FARGHER	Lee-on-the-Solent parkrun		New PB!	75+	1
Haydn BROWN	Lee-on-the-Solent parkrun			70+	
Jon PLOMER	Lee-on-the-Solent parkrun			65+	
Simon HEARNDEN	Lee-on-the-Solent parkrun			65+	
Derrick MORGAN	Lee-on-the-Solent parkrun			70+	
Ashley LOVELL	Lee-on-the-Solent parkrun			65+	
Kate ATKINSON	Lee-on-the-Solent parkrun		New PB!		
Mick WELLAND	Lee-on-the-Solent parkrun			75+	
Cathy WEBB	Lee-on-the-Solent parkrun			75+	
Holly STOCKWELL	Lee-on-the-Solent parkrun		New PB!		
Jane BUTLER	Lee-on-the-Solent parkrun			65+	
David MALLARD	Fareham parkrun			70+	
Andy SIMPSON	Castle Park parkrun			70+	
Tommy BLAKE	Dishley parkrun, Loughborough			65+	3
Mike HARPER	Bolberry Down parkrun		New PB!	75+	
Steve CUMES	Itchen Valley Country parkrun			70+	3
Keith WHITAKER	Great Salterns parkrun		New PB!		
Who	Where	Milestone	PB?	Age Grade	Gender 1,2,3
<b>9 October 2022</b>					
Josh MILLS	Southampton junior parkrun		New PB!		
Who	Where	Milestone	PB?	Age Grade	Gender 1,2,3
<b>15 October 2022</b>					
Chris DAVIDSON	Bushy parkrun			65+	
Gareth CHARLES	Whiteley parkrun			70+	
Daisy MCCLEMENTS	Whiteley parkrun			70+	1
Matt EMERY	Whiteley parkrun			65+	
Chris HALL	Whiteley parkrun		New PB!	70+	
Mick WELLAND	Whiteley parkrun			75+	

Wendy HALL	Whiteley parkrun	One Hundredth parkrun			
Andrew STOCKWELL	Walsall Arboretum parkrun			70+	
Russ COLEMAN	Netley Abbey parkrun			70+	
Toby GREENFIELD	Netley Abbey parkrun			65+	
John BLAKE	Penrith parkrun			70+	
Tim ROLFE	Salisbury parkrun			65+	
Chris WILLIAMS	Lee-on-the-Solent parkrun			65+	
Tom NORTH	Lee-on-the-Solent parkrun			70+	
Lucy MAY	Lee-on-the-Solent parkrun			65+	3
Rachel FARGHER	Lee-on-the-Solent parkrun			70+	
Peter COLE	Lee-on-the-Solent parkrun			65+	
David MALLARD	Fareham parkrun			70+	3
Ray GUNNER	Fareham parkrun			65+	
Andy LEE	Fareham parkrun			65+	
Tommy BLAKE	Dishley parkrun, Loughborough			65+	
Keith WHITAKER	Bartley Park parkrun		New PB!		
<b>Who</b>	<b>Where</b>	<b>Milestone</b>	<b>PB?</b>	<b>Age Grade</b>	<b>Gender 1,2,3</b>
<b>22 October 2022</b>					
Tim ROLFE	Whiteley parkrun			65+	
Ben GRAHAM	Whiteley parkrun			65+	
Matt EMERY	Whiteley parkrun			65+	
Robert ZEFFERTT	Whiteley parkrun		New PB!	70+	
Katie LEATHERLAND	Whiteley parkrun			70+	2
Phillip TOWNLEY	Whiteley parkrun			70+	
Tracy LANGDALE	Whiteley parkrun			70+	
Ray GUNNER	Burnham-on-Crouch parkrun			75+	
Daisy MCCLEMENTS	Abingdon parkrun			70+	2
Chris HALL	Abingdon parkrun			65+	
Helen BENSON	Netley Abbey parkrun		New PB!		
Iain CROSS	Bognor Regis parkrun			65+	
Chris WILLIAMS	Lee-on-the-Solent parkrun			70+	2
Simon ROSS	Lee-on-the-Solent parkrun			70+	
Phil MORGAN	Lee-on-the-Solent parkrun			65+	
Andrew STOCKWELL	Lee-on-the-Solent parkrun			70+	
Mark John EATON	Lee-on-the-Solent parkrun			75+	
Graham MARTIN	Lee-on-the-Solent parkrun			70+	
Lucy MAY	Lee-on-the-Solent parkrun			65+	3
Rachel FARGHER	Lee-on-the-Solent parkrun			70+	
Peter COLE	Lee-on-the-Solent parkrun			65+	
Lisa DONN	Lee-on-the-Solent parkrun			65+	
Mike SMITH	Lee-on-the-Solent parkrun			65+	
Mick WELLAND	Lee-on-the-Solent parkrun			75+	
Katherine COOPER	Lee-on-the-Solent parkrun		New PB!		
Alison HESSELBERTH	Lee-on-the-Solent parkrun			65+	
Cathy WEBB	Lee-on-the-Solent parkrun			70+	
Gail OSBORNE	Lee-on-the-Solent parkrun			65+	
Steve CUMES	Lee-on-the-Solent parkrun	One Hundredth parkrun			
Kay SADLER	Lee-on-the-Solent parkrun		New PB!		
Amelia DOWLER	Lee-on-the-Solent parkrun	One Hundredth parkrun			
David MALLARD	Fareham parkrun			70+	3
Tim CRUMPTON	Fareham parkrun	Twenty Fifth parkrun			
Charlotte GRIMWOOD	Fareham parkrun		New PB!		
Daragh HENDLEY	Strokestown parkrun			75+	1
Brad HAMMONDS	Warwick Racecourse parkrun			70+	3
Mike HARPER	Berkeley Green parkrun			75+	
Russ COLEMAN	Kralingse Bos parkrun			70+	
<b>Who</b>	<b>Where</b>	<b>Milestone</b>	<b>PB?</b>	<b>Age Grade</b>	<b>Gender 1,2,3</b>
<b>29 October 2022</b>					
Tim ROLFE	Southampton parkrun			70+	
Marcus LEE	Southsea parkrun			70+	
Amy FOX	Southsea parkrun	One Hundredth parkrun		65+	3
Russ COLEMAN	Whiteley parkrun			70+	
Matt EMERY	Whiteley parkrun			65+	
Martin POWELL	Whiteley parkrun			65+	
Andrew STOCKWELL	Netley Abbey parkrun			65+	
Charlotte LORD	Netley Abbey parkrun				3
Frances Louise LORD	Netley Abbey parkrun			75+	
Holly STOCKWELL	Netley Abbey parkrun	Fiftieth parkrun			
Chris WILLIAMS	Lee-on-the-Solent parkrun			70+	
Simon ROSS	Lee-on-the-Solent parkrun			70+	
Richard EDMUNDS	Lee-on-the-Solent parkrun			70+	
Ken CHEUNG	Lee-on-the-Solent parkrun			65+	
Graham MARTIN	Lee-on-the-Solent parkrun			70+	
Lucy MAY	Lee-on-the-Solent parkrun			70+	1
Sean MARTIN	Lee-on-the-Solent parkrun	Twenty Fifth parkrun			
Rachel FARGHER	Lee-on-the-Solent parkrun			70+	2
Simon HEARNDEN	Lee-on-the-Solent parkrun			65+	
Dominic SHEPHERD	Lee-on-the-Solent parkrun			65+	

Mick WELLAND	Lee-on-the-Solent parkrun		75+	
Mike SMITH	Lee-on-the-Solent parkrun		65+	
Gail OSBORNE	Lee-on-the-Solent parkrun		65+	
Cathy WEBB	Lee-on-the-Solent parkrun		70+	
Josh CULLEN	Tooting Common parkrun		65+	
David MALLARD	Fareham parkrun		70+	3
Tommy BLAKE	Dishley parkrun, Loughborough		65+	1

October 2022							
Name	Best				Runs this month	PB	Milestone
	Time	Age/Gender Grading	Overall Place	Gender Place			
Aaron KINGSTON	22:54	58.30%	23	18	2		
Adam HART	24:00	53.82%	47	44	3		
Adam JOEL	27:22	51.40%	135	105	1		
Alison BYATT	28:41	51.71%	160	34	1		
Alison GOOD	21:35	72.36%	19	1	1	New PB!	
Alison HESSELBERTH	28:47	68.38%	167	35	2		
Alison LAWRENCE	27:55	55.52%	78	15	5		
Amelia DOWLER	36:45	44.54%	314	116	1		100th run
Amie MORGAN	24:19	61.27%	58	9	2		
Amy FOX	22:57	66.67%	31	3	3	New PB!	100th run
Andrew SMITH	45:37	35.22%	265	150	5		
Andrew STOCKWELL	19:18	78.32%	8	8	4		
Andy DONN	24:46	59.56%	38	29	1		
Andy LEE	24:45	66.53%	46	41	4		
Andy SIMPSON	19:50	73.78%	6	6	1		
Andy WHITE	26:53	56.23%	103	82	2		
Angela HARRISON	56:05	28.89%	188	59	1		
Anna SINDALL	25:29	59.06%	67	5	1		
Anne TROTMAN	28:38	59.25%	746	198	1		
Ashley LOVELL	23:47	67.41%	78	69	1		
Ben GRAHAM	19:34	68.74%	8	7	2		
Brad HAMMONDS	17:36	73.30%	3	3	1		
Callum SWANN	20:12	63.86%	18	18	4		
Carl SCHAFER	27:49	57.16%	46	31	5		
Catherine CHAMBERLAIN	36:49	45.00%	228	83	4		
Cathy WEBB	27:21	75.26%	145	24	3		
Charlotte GRIMWOOD	29:56	50.56%	95	26	1	New PB!	
Charlotte LORD	23:42	62.45%	35	3	1		
Chris DAVIDSON	24:31	67.17%	259	208	1		
Chris HALL	21:11	74.43%	19	16	4	New PB!	
Chris STAPLEFORD	30:13	56.04%	177	125	2		
Chris WHEELER	25:08	55.11%	12	12	4		
Chris WILLIAMS	18:21	71.48%	2	2	4		
Christine LAIDLAW	41:15	52.24%	186	62	1		
Claire DYSON	36:25	43.62%	316	113	2		
Claire HANRAHAN	33:49	48.99%	279	91	1		
Claire JOHNSON	36:44	46.19%	275	107	2		
Claire PROCTER	26:07	58.90%	64	12	1		
Colin TRIGG	19:54	72.95%	1	1	1		
Daisy MCCLEMENTS	20:46	71.35%	10	1	3		
Daniel ELLIOTT	20:45	64.34%	7	6	1		
Daniel FOSTER	19:30	71.62%	5	5	1		
Danielle STANNING	25:10	63.11%	81	8	2		
Daragh HENDLEY	18:40	78.39%	1	1	1		
Dave JUDSON	26:29	55.25%	84	69	1		
Dave THORPE	22:32	62.43%	9	9	1		
David CAMERON	23:07	62.29%	26	24	2		
David MACSWAYNE	33:54	47.74%	156	89	4		
David MALLARD	19:15	72.55%	3	3	5		
Derrick MORGAN	23:16	72.78%	65	61	3		
Diane WILSON	36:59	51.74%	314	111	1		
Dominic SHEPHERD	22:52	69.53%	41	39	3		
Edwin CHOWNS	10:56	57.46%	13	11	4		
Emma BAKER	28:55	52.91%	92	12	2		
Evan DE WET	25:03	51.50%	42	31	1		
Frances Louise LORD	25:44	77.59%	56	7	1		
Gail OSBORNE	28:47	69.37%	161	35	2		
Gareth CHARLES	19:05	73.19%	5	4	2		
Gavin RENNIE	23:17	61.85%	33	30	1		
George HOWARTH	27:27	60.53%	151	116	5		
Geraldine MAY	41:31	48.09%	254	101	2		
Gillian SHUTLER	31:22	62.75%	247	72	3		
Graham DONNACHIE	20:56	67.75%	27	27	2		
Graham MARTIN	20:45	71.08%	20	18	3		
Greg ROWE	35:52	48.61%	173	117	2		
Greig BENSON	22:58	61.76%	32	29	3		
Haydn BROWN	21:17	75.33%	34	33	2	New PB!	
Hayley STRADLING	30:16	48.90%	194	54	2		
Heather GRAHAM	32:00	53.70%	246	65	2		
Helen BENSON	25:10	62.05%	47	4	1	New PB!	
Helen Michelle COULTHARD	35:32	45.12%	181	49	3		
Hilary MISSELBROOK	26:05	58.27%	146	20	1		
Holly STOCKWELL	27:54	53.05%	96	21	5	New PB!	50th run
Iain CROSS	20:05	68.46%	6	6	1		
Iain GALLAGHER	23:54	61.72%	17	15	1	New PB!	
Jack GOOZEE	25:50	58.52%	61	50	1		
Jacqueline HEALY	33:53	46.43%	245	96	3		
Jamie EARLEY	24:17	54.63%	100	88	2		
Jane BUTLER	31:24	67.57%	235	59	1		
Janet SHAW	32:31	56.43%	152	46	2		
Janice ALLEN	50:36	35.31%	273	115	2		
Joanna REED	30:14	58.32%	211	49	2		
Jodie FRANCIS	28:03	54.55%	89	15	5		
John BLAKE	20:08	73.84%	17	17	4		
Jon LEIGH	25:20	63.88%	122	100	1		
Jon PLOMER	21:35	68.34%	37	36	3		
Jonathan MILLS	25:12	58.99%	91	76	3		100th run
Josh CULLEN	18:42	68.98%	4	4	4		
Josh MILLS	10:49	57.57%	10	5	2	New PB!	
Julie STRADLING	33:39	53.10%	243	79	1		
Kate ALDOM	26:22	58.79%	68	10	1		
Kate ATKINSON	25:17	58.54%	51	6	3	New PB!	
Kate CHARLES	24:53	62.29%	42	5	2		
Kate PROVIS	37:00	50.27%	227	82	2		
Katharine TUCKER	30:32	63.54%	128	26	3		
Katherine CHOWNS	31:36	47.89%	549	136	1		
Katherine COOPER	28:42	53.60%	187	41	3	New PB!	
Katie LEATHERLAND	21:12	70.28%	18	2	1		
Kay SADLER	29:49	52.77%	213	50	1	New PB!	
Keith CARTER	26:05	62.56%	102	87	1		
Keith WHITAKER	28:31	64.35%	58	39	4	New PB!	
Kelly BENNETTS	34:01	48.70%	143	51	2		
Ken CHEUNG	20:56	67.75%	19	17	1		
Kevin ASHMAN	41:15	26.16%	203	121	1		
Kevin SAUNDERS	27:25	54.65%	70	54	3		
Kieran CHAPLIN	22:38	60.75%	19	18	1		
Kirstie GRAHAM	26:41	57.34%	130	20	2		
Leyon JOSEPH	27:41	57.44%	103	81	2		
Lindsay PRATT	35:19	49.32%	299	103	1		
Lisa DONN	25:18	66.27%	54	15	2		
Lisa EVENS	37:44	46.16%	247	96	3		

Liz JAMES	30:40	61.52%	90	23	1	
Louisa KNIGHT	35:05	48.36%	261	94	1	
Louise TANNER	31:00	52.26%	136	28	1	
Lucy MAY	21:16	70.53%	22	1	3	
Marcus LEE	20:48	72.04%	12	10	3	
Mark GREEN	34:34	40.07%	151	116	1	
Mark John EATON	20:39	75.06%	25	23	1	
Mark SAYWELL	28:28	56.32%	157	118	4	
Mark TUCKER	27:30	59.33%	94	72	4	
Martin POWELL	25:26	66.58%	65	61	2	
Martin READ	34:53	48.54%	65	39	2	
Martyn BANNER	29:22	56.07%	133	108	4	
Matt EMERY	20:42	65.94%	13	12	3	
Matthew EVANS	24:35	60.00%	92	80	1	
Melissa BARHAM	38:01	42.17%	181	77	2	
Michael GREGORY	22:53	58.78%	32	32	1	
Michael HEALY	27:27	53.73%	116	85	3	
Michael LOVELL	25:00	51.60%	110	88	1	
Mick WELLAND	25:34	76.92%	76	67	5	
Mike HARPER	20:55	78.01%	1	6	4	New PB!
Mike SMITH	25:37	65.45%	93	81	3	
Miles PRITCHARD	24:56	58.69%	95	77	2	
Neil ALLEN	44:01	36.12%	274	153	2	
Neil JARVIS	27:58	54.95%	161	126	1	
Neil STANTIAL	22:26	65.75%	30	26	1	
Nick RICHARDSON	38:35	37.02%	334	187	1	
Nicky BEAL	51:30	28.77%	224	77	1	
Noah WILLIAMS	27:55	47.22%	194	145	1	
Oana MATTY	27:04	57.27%	126	23	2	
Peter COLE	22:57	66.38%	45	40	3	
Peter REDMAN	33:53	44.96%	231	140	2	
Phil MORGAN	20:14	65.57%	19	19	1	
Philip MAY	32:38	51.38%	192	132	2	
Philip OWEN	27:39	56.06%	142	112	4	
Phillip TOWNLEY	22:45	70.48%	31	27	2	
Rachael OPENSHAW	25:34	58.47%	26	6	3	
Rachael PAYNE	36:05	42.96%	174	51	1	
Rachel FARGHER	21:20	75.16%	30	1	4	New PB!
Ray GUNNER	21:14	76.22%	5	5	4	
Richard BAILEY	20:24	63.73%	11	10	3	
Richard CHOWNS	29:37	46.76%	51	34	2	
Richard EDMUNDS	20:52	73.00%	17	15	2	
Richard JACKS	22:34	61.89%	22	19	3	
Richard KIMBER	24:07	54.39%	52	48	1	
Richard MACKAY	22:53	61.98%	29	20	1	
Rob ARKELL	18:00	74.17%	1	1	1	
Rob GREENWOOD	20:59	62.83%	15	14	2	
Rob WILLIAMS	27:27	53.83%	83	67	3	
Robert GOOD	21:07	68.19%	13	11	1	New PB!
Robert ZEFFERT	21:02	70.13%	16	15	1	New PB!
Russ COLEMAN	19:06	74.26%	5	5	5	
Russell MEAD	30:40	51.41%	132	95	2	
Sam GRAHAM	26:27	58.16%	111	17	3	
Samantha STOCKWELL	29:44	57.79%	112	28	1	
Samantha WHITING	25:00	59.27%	83	8	3	25th run
Samuel JOHN	29:42	43.43%	171	124	2	
Sara MCRITCHIE	25:21	64.56%	36	6	4	New PB!
Sarah BARRON	27:47	63.47%	144	29	5	
Sarah CLANSEY	28:11	53.40%	110	20	2	
Sarah GREGORY	28:36	52.27%	97	15	1	New PB!
Sarah NORTHCOTT	28:51	53.03%	122	24	3	
Sean MARTIN	21:04	61.87%	24	21	2	25th run
Simon GIBBON	30:21	48.22%	122	87	1	
Simon HEARNDEN	21:44	66.79%	35	31	3	
Simon ROSS	19:25	74.16%	8	7	5	
Stacey READ	35:24	43.79%	119	45	3	
Stephen ANDREWS	24:49	51.98%	38	32	3	
Steve CUMES	19:23	76.70%	4	3	4	100th run
Steve FULCHER	24:34	64.72%	64	52	2	
Steve JAMES	27:12	56.00%	92	75	1	
Steven HYLAND	29:22	45.18%	191	149	1	
Steven MATTY	23:43	60.72%	62	54	4	
Stuart BAMBERGER	22:48	64.18%	18	16	4	New PB!
Stuart HALL	23:00	57.03%	31	28	1	
Stuart NICHOLSON	28:52	58.66%	138	101	5	
Susan WAKEFIELD	32:28	52.93%	984	330	1	
Tim CRUMPTON	26:24	64.71%	57	45	2	25th run
Tim MATTHEWS	25:33	55.90%	58	52	5	
Tim ROLFE	18:10	71.01%	3	3	5	
Tina MACKAY	44:18	36.19%	166	58	1	
Toby EVANS	29:55	46.69%	25	20	4	
Toby GREENFIELD	20:45	68.84%	9	9	2	New PB!
Tom HASTINGS	26:25	49.91%	86	71	2	
Tom MELLOR	34:43	50.79%	160	100	1	
Tom NORTH	20:18	72.09%	11	10	1	
Tom SINDALL	24:29	55.75%	51	46	3	
Tommy BLAKE	19:03	68.54%	1	1	3	New PB!
Tracey TERRY	30:32	55.57%	229	60	1	
Tracie JARVIS	26:47	64.16%	101	21	3	
Tracy LANGDALE	24:55	72.64%	59	8	1	
Victoria JOHN	26:49	61.03%	53	17	2	
Victoria Kate JOEL	27:45	57.78%	143	28	1	
Wendy HALL	32:51	55.86%	158	39	3	100th run
Wendy HAWXWELL	29:38	57.26%	184	49	2	
Wendy SMITH	42:10	47.35%	266	108	4	
William COWLEY	28:50	44.80%	106	80	3	
William GILL	34:07	56.52%	144	114	1	
Zac CONATY	25:31	57.81%	92	80	2	
Zoe LEE	40:13	40.70%	340	141	1	

Position	Name	Time	Age Cat	Age Grade	Gender Pos	Milestone	Runs
<b>Southampton parkrun</b>		<b>758</b>	<b>01/10/2022</b>				
101	Haydn BROWN	21:17	VM60-64	75.33%	84	New PB!	312
<b>St Albans parkrun</b>		<b>376</b>	<b>01/10/2022</b>				
110	Michael LOVELL	25:00	SM25-29	51.60%	88		38
<b>Whiteley parkrun</b>		<b>192</b>	<b>01/10/2022</b>				
3	Tim ROLFE	18:55	SM25-29	68.19%	3		127
5	Daniel FOSTER	19:30	VM40-44	71.62%	5		185
19	Alison GOOD	21:35	VW40-44	72.36%	1	New PB!	8
31	Stuart HALL	23:00	SM30-34	57.03%	28		62
47	Adam HART	24:00	SM25-29	53.82%	44		26
65	Martin POWELL	25:26	VM65-69	66.58%	61		309
67	Anna SINDALL	25:29	VW35-39	59.06%	5		69
69	Tom SINDALL	25:41	VM40-44	53.15%	64		60
107	Mark TUCKER	29:02	VM60-64	56.20%	92		142
119	William COWLEY	30:43	SM25-29	42.05%	100		28
121	Holly STOCKWELL	30:54	SW25-29	47.90%	21		46
133	Martyn BANNER	33:10	VM60-64	49.65%	108		167
144	William GILL	34:07	VM75-79	56.52%	114		178
151	Mark GREEN	34:34	VM40-44	40.07%	116		21
154	Martin READ	34:53	VM65-69	48.54%	117		131
188	Angela HARRISON	56:05	VW45-49	28.89%	59		43
<b>Long Eaton parkrun</b>		<b>402</b>	<b>01/10/2022</b>				
39	John BLAKE	20:08	VM50-54	73.84%	32	First Timer!	94
<b>Netley Abbey parkrun</b>		<b>171</b>	<b>01/10/2022</b>				
31	Amy FOX	23:47	VW40-44	64.33%	3	New PB!	98
32	Greig BENSON	23:47	VM45-49	59.64%	29		119
68	Kate ALDOM	26:22	VW40-44	58.79%	10		28
143	Kelly BENNETTS	34:52	VW45-49	47.51%	51		85
<b>Crane Park parkrun</b>		<b>135</b>	<b>01/10/2022</b>				
18	Stuart BAMBERGER	23:35	VM45-49	62.05%	16	New PB!	111
57	Sara MCRITCHIE	26:35	VW45-49	61.57%	12	New PB!	190
119	Stacey READ	35:24	VW40-44	43.79%	45	First Timer!	174
<b>Telford parkrun</b>		<b>368</b>	<b>01/10/2022</b>				
108	Rachael OPENSHAW	26:18	VW35-39	56.84%	15	First Timer!	152
<b>Didcot parkrun</b>		<b>210</b>	<b>01/10/2022</b>				
156	David MACSWAYNE	33:54	VM60-64	47.74%	108	First Timer!	294
<b>Point Cook parkrun</b>		<b>116</b>	<b>01/10/2022</b>				
17	Iain GALLAGHER	23:54	VM50-54	61.72%	15	New PB!	58
<b>Fulham Palace parkrun</b>		<b>450</b>	<b>01/10/2022</b>				
96	Josh CULLEN	22:54	SM25-29	56.33%	79	First Timer!	94
<b>Woking parkrun</b>		<b>326</b>	<b>01/10/2022</b>				
78	Callum SWANN	24:14	SM25-29	53.23%	68	First Timer!	125
<b>Lee-on-the-Solent parkrun</b>		<b>308</b>	<b>01/10/2022</b>				
6	Steve CUMES	19:23	VM50-54	76.70%	5		97
8	Simon ROSS	20:00	VM45-49	72.00%	7		367
16	Richard BAILEY	20:24	SM30-34	63.73%	15		110
27	Russ COLEMAN	21:19	VM45-49	66.54%	26		117
29	Graham DONNACHIE	21:24	VM45-49	66.28%	27		52
31	Rob GREENWOOD	21:33	VM35-39	61.18%	29		131
45	Simon HEARNDEN	22:55	VM45-49	63.35%	42		80
48	Jon PLOMER	23:12	VM50-54	63.58%	45		143
62	Steven MATTY	23:51	VM45-49	60.38%	54		78
81	Danielle STANNING	25:10	VW45-49	63.11%	8		71
83	Peter COLE	25:14	VM50-54	60.37%	72		22
91	Jonathan MILLS	26:05	VM50-54	57.00%	76		100
99	Tim MATTHEWS	26:44	VM45-49	53.43%	80		162
101	Mick WELAND	26:49	VM75-79	73.34%	81		226
103	Andy WHITE	26:53	VM50-54	56.23%	82		200
120	Chris HALL	27:25	VM45-49	53.37%	94		13
122	Rob WILLIAMS	27:27	VM50-54	53.73%	95		144
131	Samantha WHITING	27:43	SW30-34	53.46%	21		25
134	Carl SCHAFER	27:49	VM55-59	57.16%	103		197
136	Kirstie GRAHAM	27:58	JW15-17	54.71%	24		65
152	Jodie FRANCIS	28:34	VW40-44	53.56%	28		72
153	Sarah BARRON	28:41	VW50-54	60.72%	29		183
157	Mark SAYWELL	28:57	VM60-64	55.38%	118		76
167	Alison HESSELBERTH	29:42	VW60-64	66.27%	35		84
168	Philip OWEN	29:42	VM55-59	52.19%	124		231
170	Stuart NICHOLSON	29:52	VM65-69	56.70%	125		407
178	George HOWARTH	30:31	VM60-64	54.45%	128		112
266	Melissa BARHAM	38:01	VW45-49	42.17%	95		137
274	Catherine CHAMBERLAIN	38:51	VW45-49	42.64%	99		57
286	Wendy SMITH	42:41	VW60-64	46.78%	108		302
296	Heather GRAHAM	46:15	VW50-54	37.15%	118		72
307	Andrew SMITH	52:51	VM60-64	31.44%	171		409
<b>Bevendean Down parkrun</b>		<b>30</b>	<b>01/10/2022</b>				
1	Colin TRIGG	19:54	VM45-49	72.95%	1	First Timer!	35
<b>Portsmouth Lakeside parkrun</b>		<b>195</b>	<b>01/10/2022</b>				
1	Rob ARKELL	18:00	VM35-39	74.17%	1		34
92	Emma BAKER	28:59	VW40-44	52.79%	12	First Timer!	77
<b>Bideford parkrun</b>		<b>74</b>	<b>01/10/2022</b>				
1	Mike HARPER	21:08	VM60-64	77.21%	9		464
<b>Fareham parkrun</b>		<b>183</b>	<b>01/10/2022</b>				
3	David MALLARD	19:21	VM40-44	72.18%	3		261
10	Daisy MCCLEMENTS	21:17	SW30-34	69.62%	1		85
12	Ray GUNNER	21:40	VM60-64	74.69%	11		179
22	Richard JACKS	22:34	VM40-44	61.89%	19		142
51	Kate ATKINSON	25:26	SW25-29	58.19%	6	First Timer!	5
52	Andy LEE	25:43	VM60-64	64.03%	46		240
59	Tim CRUMPTON	26:26	VM65-69	64.63%	50		24

123	Edwin CHOWNS	33:02	JM10	51.51%	84	First Timer!	7
124	Richard CHOWNS	33:03	VM40-44	41.91%	85		126
143	Alison LAWRENCE	35:05	VW40-44	44.18%	50		264
<b>Mole Valley parkrun</b>		<b>185</b>	<b>01/10/2022</b>				
27	Chris HALL	23:31	VM55-59	67.04%	19	First Timer!	145
166	Wendy HALL	40:36	VW55-59	45.20%	55	First Timer!	99
<b>Broadwater parkrun</b>		<b>152</b>	<b>01/10/2022</b>				
5	Gareth CHARLES	20:16	VM40-44	68.91%	4	First Timer!	156
42	Kate CHARLES	24:53	VW40-44	62.29%	5	First Timer!	156
<b>Great Salterns parkrun</b>		<b>57</b>	<b>01/10/2022</b>				
12	Chris WHEELER	25:08	VM40-44	55.11%	12	First Timer!	153
25	Toby EVANS	29:55	VM40-44	46.69%	20	First Timer!	165
<b>Southampton junior parkrun</b>		<b>39</b>	<b>02/10/2022</b>				
10	Josh MILLS	10:55	JM10	57.05%	5	New PB!	18
<b>Amager Fælled parkrun</b>		<b>65</b>	<b>08/10/2022</b>				
4	Josh CULLEN	18:42	SM25-29	68.98%	4	Første gang!	95
<b>Southampton parkrun</b>		<b>776</b>	<b>08/10/2022</b>				
541	Edwin CHOWNS	31:30	JM10	54.02%	382	First Timer!	8
549	Katherine CHOWNS	31:36	VW35-39	47.89%	136		66
<b>Oxford parkrun</b>		<b>318</b>	<b>08/10/2022</b>				
49	Aaron KINGSTON	22:54	VM35-39	58.30%	41	First Timer!	132
<b>Whiteley parkrun</b>		<b>209</b>	<b>08/10/2022</b>				
4	Tim ROLFE	18:52	SM25-29	68.37%	4		128
5	Russ COLEMAN	19:22	VM45-49	73.24%	5		118
11	Toby GREENFIELD	20:45	VM45-49	68.84%	9	New PB!	63
12	Marcus LEE	20:54	VM50-54	71.69%	10		190
13	Robert GOOD	21:07	VM45-49	68.19%	11	New PB!	7
30	Neil STANTIAL	22:26	VM50-54	65.75%	26	First Timer!	4
45	Stuart BAMBERGER	23:36	VM45-49	62.01%	39	New PB!	112
65	Ben GRAHAM	24:54	VM35-39	54.02%	56		163
72	Sara MCRITCHIE	25:28	VW45-49	64.27%	12	New PB!	191
94	Mark TUCKER	27:30	VM60-64	59.33%	72		143
106	William COWLEY	28:50	SM25-29	44.80%	80		29
110	Sarah CLANSEY	29:09	VW35-39	51.63%	29		121
122	Simon GIBBON	30:21	VM45-49	48.22%	87		260
128	Katharine TUCKER	30:44	VW60-64	63.12%	38		96
161	Kelly BENNETTS	34:01	VW45-49	48.70%	54		86
162	Sarah NORTHCOTT	34:01	VW40-44	44.98%	55		85
<b>Southwick Country parkrun</b>		<b>188</b>	<b>08/10/2022</b>				
32	David CAMERON	23:07	VM45-49	62.29%	30	First Timer!	17
<b>Netley Abbey parkrun</b>		<b>181</b>	<b>08/10/2022</b>				
32	Michael GREGORY	22:53	VM35-39	58.78%	32		47
65	Stephen ANDREWS	25:52	SM25-29	49.87%	59		132
86	Tom HASTINGS	27:28	VM35-39	48.00%	72		95
97	Sarah GREGORY	28:36	VW35-39	52.27%	15	New PB!	16
<b>Southwark parkrun</b>		<b>343</b>	<b>08/10/2022</b>				
74	Dominic SHEPHERD	22:52	VM55-59	69.53%	65	First Timer!	71
<b>Weymouth parkrun</b>		<b>296</b>	<b>08/10/2022</b>				
245	Jacqueline HEALY	36:43	VW40-44	42.85%	96	First Timer!	170
<b>Lee-on-the-Solent parkrun</b>		<b>387</b>	<b>08/10/2022</b>				
5	Chris WILLIAMS	18:50	SM30-34	69.65%	5		202
8	Andrew STOCKWELL	19:18	VM50-54	78.32%	8		299
10	Simon ROSS	19:25	VM45-49	74.16%	10		368
24	John BLAKE	20:40	VM50-54	71.94%	24		95
25	Graham MARTIN	20:45	VM50-54	71.08%	25		178
27	Graham DONNACHIE	20:56	VM45-49	67.75%	27		53
30	Callum SWANN	21:03	SM25-29	61.28%	30		126
32	Rachel FARGHER	21:20	VW45-49	75.16%	1	New PB!	72
34	Haydn BROWN	21:28	VM60-64	74.69%	33		313
37	Jon PLOMER	21:35	VM50-54	68.34%	36		144
38	Simon HEARNDEN	21:44	VM45-49	66.79%	37		81
65	Derrick MORGAN	23:16	VM65-69	72.78%	61		19
75	Steven MATTY	23:43	VM45-49	60.72%	67		79
78	Ashley LOVELL	23:47	VM60-64	67.41%	69		57
92	Matthew EVANS	24:35	VM50-54	60.00%	80		72
101	Jonathan MILLS	25:12	VM50-54	58.99%	88		101
104	Kate ATKINSON	25:29	SW25-29	58.08%	13	New PB!	6
105	Zac CONATY	25:31	VM50-54	57.81%	90		88
106	Tim MATTHEWS	25:33	VM45-49	55.90%	91		163
116	Mick WELAND	26:09	VM75-79	75.21%	98		227
130	Kirstie GRAHAM	26:41	JW15-17	57.34%	20		66
131	Tracie JARVIS	26:47	VW50-54	64.16%	21		40
145	Cathy WEBB	27:21	VW65-69	75.26%	24		191
147	Andy WHITE	27:28	VM50-54	55.04%	118		201
152	Sam GRAHAM	27:37	VW40-44	55.70%	28		104
159	Sarah BARRON	27:55	VW50-54	62.39%	31		184
161	Neil JARVIS	27:58	VM55-59	54.95%	126		79
169	Philip OWEN	28:25	VM55-59	54.55%	131		232
191	Steven HYLAND	29:22	VM35-39	45.18%	149		20
193	Holly STOCKWELL	29:27	SW25-29	50.25%	39	New PB!	47
196	Samuel JOHN	29:42	SM25-29	43.43%	151		66
200	Martyn BANNER	29:50	VM60-64	55.20%	152		168
210	Chris STAPLEFORD	30:13	VM65-69	56.04%	155		164
211	Joanna REED	30:14	VW50-54	58.32%	49		79
216	Toby EVANS	30:30	VM40-44	45.79%	160		166
217	Chris WHEELER	30:30	VM40-44	45.41%	161		154
229	George HOWARTH	31:01	VM60-64	53.57%	167		113
235	Jane BUTLER	31:24	VW65-69	67.57%	59		39
236	Stuart NICHOLSON	31:25	VM65-69	53.90%	170		408
243	Mark SAYWELL	31:52	VM60-64	50.31%	174		77

246	Heather GRAHAM	32:00	VW50-54	53.70%	65		73
312	Claire JOHNSON	36:58	VW50-54	45.90%	110		127
314	Diane WILSON	36:59	VW60-64	51.74%	111		88
316	Claire DYSON	37:38	VW45-49	42.21%	113		16
317	Lisa EVENS	37:44	VW50-54	46.16%	114		114
334	Gillian SHUTLER	39:14	VW60-64	50.17%	123		79
338	Stacey READ	39:26	VW40-44	39.31%	126		175
363	Neil ALLEN	44:01	VM55-59	36.12%	214		60
372	Andrew SMITH	48:06	VM60-64	34.55%	216		410
374	Janice ALLEN	51:27	VW55-59	34.73%	149		57
<b>Portsmouth Lakeside parkrun</b>		<b>203</b>	<b>08/10/2022</b>				
19	Kieran CHAPLIN	22:38	VM40-44	60.75%	18	First Timer!	124
83	Rob WILLIAMS	27:43	VM50-54	53.22%	67	First Timer!	145
89	Jodie FRANCIS	28:03	VW40-44	54.55%	15	First Timer!	73
<b>Fareham parkrun</b>		<b>220</b>	<b>08/10/2022</b>				
4	David MALLARD	19:15	VM40-44	72.55%	4		262
41	Richard EDMUNDS	24:17	VM50-54	62.73%	36		74
61	Jack GOOZEE	25:50	VM50-54	58.52%	50		110
136	Alison LAWRENCE	31:46	VW40-44	48.79%	44		265
148	Ray GUNNER	33:31	VM60-64	48.28%	95		180
156	David MACSWAYNE	34:18	VM60-64	47.18%	99		295
160	Tom MELLOR	34:43	VM70-74	50.79%	100		209
<b>Castle Park parkrun</b>		<b>292</b>	<b>08/10/2022</b>				
6	Andy SIMPSON	19:50	VM45-49	73.78%	6	First Timer!	99
<b>Dishley parkrun, Loughborough</b>		<b>247</b>	<b>08/10/2022</b>				
3	Tommy BLAKE	19:14	SM18-19	68.54%	3	First Timer!	108
<b>Bolberry Down parkrun</b>		<b>71</b>	<b>08/10/2022</b>				
7	Mike HARPER	21:06	VM60-64	77.33%	6	New PB!	465
<b>Itchen Valley Country parkrun</b>		<b>99</b>	<b>08/10/2022</b>				
4	Steve CUMES	20:55	VM50-54	71.08%	3	First Timer!	98
46	Carl SCHAFER	29:18	VM55-59	54.27%	31		198
<b>Great Salterns parkrun</b>		<b>105</b>	<b>08/10/2022</b>				
59	Keith WHITAKER	29:49	VM70-74	61.54%	44	New PB!	535
<b>Southampton junior parkrun</b>		<b>51</b>	<b>09/10/2022</b>				
12	Josh MILLS	10:49	JM10	57.57%	8	New PB!	19
<b>Bushy parkrun</b>		<b>1036</b>	<b>15/10/2022</b>				
259	Chris DAVIDSON	24:31	VM60-64	67.17%	208		164
<b>Whiteley parkrun</b>		<b>205</b>	<b>15/10/2022</b>				
6	Gareth CHARLES	19:05	VM40-44	73.19%	6		157
14	Daisy MCCLEMENTS	20:46	SW30-34	71.35%	1	First Timer!	86
15	Matt EMERY	20:49	VM40-44	65.57%	14		122
19	Chris HALL	21:11	VM55-59	74.43%	16	New PB!	146
38	Marcus LEE	23:09	VM50-54	64.72%	35		191
52	Richard KIMBER	24:07	SM30-34	54.39%	48		12
58	Adam HART	24:29	SM25-29	52.76%	52		27
67	Greig BENSON	24:52	VM45-49	57.04%	59		120
71	Kate ATKINSON	25:17	SW25-29	58.54%	7	First Timer!	7
76	Mick WELLAND	25:44	VM75-79	76.42%	67		228
93	Kate CHARLES	26:45	VW40-44	57.94%	13		157
94	Amy FOX	26:45	VW40-44	57.20%	14		99
105	Mark TUCKER	27:40	VM60-64	58.98%	85		144
115	Carl SCHAFER	28:51	VM55-59	55.11%	93		199
116	William COWLEY	28:55	SM25-29	44.67%	94		30
117	Steve CUMES	28:59	VM50-54	51.29%	95		99
122	Jodie FRANCIS	29:33	VW40-44	51.78%	21		74
129	Katharine TUCKER	30:32	VW60-64	63.54%	26		97
132	Russell MEAD	30:40	VM55-59	51.41%	103		277
136	Louise TANNER	31:00	VW45-49	52.26%	28		144
155	Miles PRITCHARD	33:30	VM45-49	43.68%	113		18
158	Wendy HALL	33:43	VW55-59	54.42%	39	First Timer!	100
173	Greg ROWE	35:52	VM65-69	48.61%	117		19
174	Rachael PAYNE	36:05	VW40-44	42.96%	51		84
179	Sarah BARRON	36:53	VW50-54	47.22%	56		185
184	Wendy HAWXWELL	39:07	VW50-54	43.37%	61		41
185	Mike SMITH	39:07	VM65-69	42.86%	118	First Timer!	69
186	Christine LAIDLAW	41:15	VW65-69	52.24%	62		24
203	Kevin ASHMAN	41:15	VM65-69	26.16%	121		115
<b>Eastleigh parkrun</b>		<b>268</b>	<b>15/10/2022</b>				
215	Helen Michelle COULTHARD	39:48	VW45-49	40.28%	72	First Timer!	197
<b>Walsall Arboretum parkrun</b>		<b>293</b>	<b>15/10/2022</b>				
22	Andrew STOCKWELL	21:09	VM50-54	71.47%	19	First Timer!	300
96	Holly STOCKWELL	27:54	SW25-29	53.05%	22	First Timer!	48
<b>Winchester parkrun</b>		<b>354</b>	<b>15/10/2022</b>				
137	Mike HARPER	25:54	VM60-64	64.24%	107		466
<b>Netley Abbey parkrun</b>		<b>183</b>	<b>15/10/2022</b>				
7	Russ COLEMAN	20:09	VM45-49	70.39%	7		119
9	Toby GREENFIELD	21:12	VM45-49	67.37%	9		64
58	Stephen ANDREWS	27:08	SM25-29	47.54%	51		133
<b>Penrith parkrun</b>		<b>200</b>	<b>15/10/2022</b>				
17	John BLAKE	20:50	VM50-54	71.36%	17	First Timer!	96
<b>Watergrove parkrun, Rochdale</b>		<b>63</b>	<b>15/10/2022</b>				
26	Rachael OPENSHAW	29:29	VW35-39	50.71%	6	First Timer!	153
<b>Chichester parkrun</b>		<b>182</b>	<b>15/10/2022</b>				
26	David CAMERON	23:30	VM45-49	61.28%	24	First Timer!	18
<b>Salisbury parkrun</b>		<b>306</b>	<b>15/10/2022</b>				
7	Tim ROLFE	19:08	SM25-29	67.42%	7		129
<b>Lee-on-the-Solent parkrun</b>		<b>296</b>	<b>15/10/2022</b>				
4	Chris WILLIAMS	19:07	SM30-34	68.61%	4		203
11	Tom NORTH	20:18	VM45-49	72.09%	10		46
15	Richard BAILEY	20:30	SM30-34	63.41%	14		111

	32	Lucy MAY	22:04	VW35-39	67.98%	3		76
	34	Rachel FARGHER	22:07	VW45-49	72.49%	4		73
	37	Simon ROSS	22:33	VM45-49	63.86%	33		369
	45	Peter COLE	22:57	VM50-54	66.38%	40		23
	84	Tom SINDALL	25:17	VM40-44	53.99%	65		61
	90	Steven MATTY	26:25	VM45-49	54.51%	68		80
	96	Tim MATTHEWS	26:47	VM45-49	53.33%	73		164
	101	Tracie JARVIS	27:15	VW50-54	63.06%	21		41
	116	Michael HEALY	27:50	VM50-54	52.99%	85		59
	138	Stuart NICHOLSON	29:15	VM65-69	57.89%	101		409
	147	Derrick MORGAN	29:46	VM65-69	56.89%	107		20
	171	Samuel JOHN	31:28	SM25-29	41.00%	124		67
	177	Chris STAPLEFORD	31:47	VM65-69	53.28%	125		165
	182	George HOWARTH	32:05	VM60-64	51.79%	129		114
	192	Philip MAY	32:44	VM65-69	51.22%	132		96
	227	Kate PROVIS	37:06	VW55-59	50.13%	82		63
	228	Catherine CHAMBERLAIN	37:17	VW45-49	44.43%	83		58
	231	Peter REDMAN	37:27	VM50-54	40.68%	140		171
	232	Katherine COOPER	37:28	VW40-44	41.06%	86		15
	247	Lisa EVENS	39:19	VW50-54	44.30%	96		115
	254	Geraldine MAY	42:15	VW60-64	47.26%	101		85
	265	Andrew SMITH	47:11	VM60-64	35.22%	150		411
	266	Wendy SMITH	47:13	VW60-64	42.29%	110		303
	273	Janice ALLEN	50:36	VW55-59	35.31%	115		58
	274	Neil ALLEN	50:52	VM55-59	31.26%	153		61
<b>Fareham parkrun</b>			<b>221</b>	<b>15/10/2022</b>				
	3	David MALLARD	19:44	VM40-44	70.78%	3		263
	25	Ray GUNNER	23:15	VM60-64	69.61%	23		181
	46	Andy LEE	24:45	VM60-64	66.53%	41		241
	84	Kevin SAUNDERS	27:37	VM50-54	54.25%	71		144
	145	Alison LAWRENCE	32:20	VW40-44	47.94%	39		266
	197	David MACSWAYNE	45:12	VM60-64	35.80%	123		296
<b>Clapham Common parkrun</b>			<b>780</b>	<b>15/10/2022</b>				
	50	Josh CULLEN	20:32	SM25-29	62.82%	43		96
<b>Dishley parkrun, Loughborough</b>			<b>216</b>	<b>15/10/2022</b>				
	6	Tommy BLAKE	19:19	SM20-24	67.47%	6		109
<b>Woolacombe Dunes parkrun</b>			<b>83</b>	<b>15/10/2022</b>				
	23	Aaron KINGSTON	27:27	VM35-39	48.63%	18	First Timer!	133
<b>Itchen Valley Country parkrun</b>			<b>113</b>	<b>15/10/2022</b>				
	50	Edwin CHOWNS	29:37	JM10	57.46%	33	First Timer!	9
	51	Richard CHOWNS	29:37	VM40-44	46.76%	34		127
<b>Bartley Park parkrun</b>			<b>128</b>	<b>15/10/2022</b>				
	58	Keith WHITAKER	28:42	VM70-74	63.94%	39	New PB!	536
<b>Whiteley parkrun</b>			<b>226</b>	<b>22/10/2022</b>				
	5	Tim ROLFE	18:55	SM25-29	68.19%	5		130
	8	Ben GRAHAM	19:34	VM35-39	68.74%	7		164
	13	Matt EMERY	20:42	VM40-44	65.94%	12		123
	15	Rob GREENWOOD	20:59	VM35-39	62.83%	14		132
	16	Robert ZEFFERT	21:02	VM50-54	70.13%	15	New PB!	5
	18	Katie LEATHERLAND	21:12	SW30-34	70.28%	2		30
	31	Phillip TOWNLEY	22:45	VM60-64	70.48%	27		74
	51	Tom SINDALL	24:29	VM40-44	55.75%	46		62
	59	Tracy LANGDALE	24:55	VW55-59	72.64%	8		66
	87	Tom HASTINGS	26:25	VM35-39	49.91%	71		96
	110	Mark TUCKER	27:42	VM60-64	58.90%	88		145
	111	Leyon JOSEPH	27:55	VM55-59	56.96%	89		36
	113	Sarah CLANSEY	28:11	VW35-39	53.40%	20		122
	120	Keith WHITAKER	28:31	VM70-74	64.35%	94		537
	155	Katharine TUCKER	30:38	VW60-64	63.33%	36		98
	198	Helen Michelle COULTHARD	35:32	VW45-49	45.12%	57		198
	221	Sarah NORTHCOTT	48:19	VW40-44	31.67%	74		86
	224	Nicky BEAL	51:30	SW30-34	28.77%	77		38
<b>Canterbury parkrun</b>			<b>102</b>	<b>22/10/2022</b>				
	36	Sara MCRITCHIE	26:45	VW45-49	61.18%	6	First Timer!	192
<b>Eastleigh parkrun</b>			<b>289</b>	<b>22/10/2022</b>				
	33	Gavin RENNIE	23:17	VM45-49	61.85%	30		66
<b>Burnham-on-Crouch parkrun</b>			<b>75</b>	<b>22/10/2022</b>				
	5	Ray GUNNER	21:14	VM60-64	76.22%	5	First Timer!	182
<b>Whitstable parkrun</b>			<b>302</b>	<b>22/10/2022</b>				
	171	Jodie FRANCIS	30:07	VW40-44	50.80%	40	First Timer!	75
<b>Winchester parkrun</b>			<b>384</b>	<b>22/10/2022</b>				
	139	Jamie EARLEY	25:34	VM35-39	51.89%	115		163
<b>Abingdon parkrun</b>			<b>331</b>	<b>22/10/2022</b>				
	22	Daisy MCCLEMENTS	20:58	SW30-34	70.67%	2	First Timer!	87
	51	Chris HALL	22:43	VM55-59	69.41%	43	First Timer!	147
	227	Wendy HALL	32:51	VW55-59	55.86%	64	First Timer!	101
<b>Netley Abbey parkrun</b>			<b>186</b>	<b>22/10/2022</b>				
	7	Daniel ELLIOTT	20:45	VM35-39	64.34%	6		67
	35	Richard JACKS	24:10	VM40-44	57.79%	32		143
	47	Helen BENSON	25:10	VW40-44	62.05%	4	New PB!	151
<b>Alice Holt parkrun</b>			<b>226</b>	<b>22/10/2022</b>				
	41	Dominic SHEPHERD	23:42	VM55-59	64.63%	39	First Timer!	72
<b>Brockenhurst parkrun</b>			<b>143</b>	<b>22/10/2022</b>				
	44	Rachael OPENSHAW	25:34	VW35-39	58.47%	6	First Timer!	154
<b>Didcot parkrun</b>			<b>220</b>	<b>22/10/2022</b>				
	152	Janet SHAW	32:31	VW55-59	56.43%	50	First Timer!	209
<b>Bognor Regis parkrun</b>			<b>246</b>	<b>22/10/2022</b>				
	6	Iain CROSS	20:05	VM40-44	68.46%	6		125
<b>Blandford parkrun</b>			<b>134</b>	<b>22/10/2022</b>				
	90	Liz JAMES	30:40	VW55-59	61.52%	23	First Timer!	74
<b>Lee-on-the-Solent parkrun</b>			<b>376</b>	<b>22/10/2022</b>				

	2	Chris WILLIAMS	18:34	SM30-34	70.65%	2		204
	12	Simon ROSS	19:46	VM45-49	72.85%	12		370
	18	Callum SWANN	20:12	SM25-29	63.86%	18		127
	19	Phil MORGAN	20:14	VM35-39	65.57%	19		160
	20	Andrew STOCKWELL	20:15	VM50-54	74.65%	20		301
	25	Mark John EATON	20:39	VM55-59	75.06%	23		105
	30	Graham MARTIN	20:55	VM50-54	70.52%	28		179
	33	Sean MARTIN	21:04	SM20-24	61.87%	31		24
	37	Lucy MAY	21:50	VW35-39	68.70%	3		77
	38	Rachel FARGHER	21:54	VW45-49	73.21%	4		74
	53	Stuart BAMBERGER	22:48	VM45-49	64.18%	45		113
	58	Peter COLE	23:00	VM50-54	66.23%	49		24
	87	Steve FULCHER	24:34	VM55-59	64.72%	70		83
	95	Miles PRITCHARD	24:56	VM45-49	58.69%	77	First Timer!	19
	106	Lisa DONN	25:18	VW50-54	66.27%	16		58
	109	Mike SMITH	25:37	VM65-69	65.45%	88		70
	111	Mick WELLAND	25:54	VM75-79	75.93%	90		229
	112	Amie MORGAN	25:54	SW30-34	57.53%	18		255
	118	Tim MATTHEWS	26:06	VM45-49	54.73%	95		165
	138	Tracie JARVIS	26:50	VW50-54	64.04%	26		42
	139	Samantha WHITING	26:50	SW30-34	55.22%	27		26
	156	George HOWARTH	27:27	VM60-64	60.53%	116		115
	164	Sarah BARRON	27:53	VW50-54	63.24%	35		186
	173	Michael HEALY	28:07	VM50-54	52.46%	129		60
	175	Carl SCHAFER	28:10	VM55-59	56.45%	131		200
	183	Philip OWEN	28:26	VM55-59	54.51%	135		233
	184	Mark SAYWELL	28:28	VM60-64	56.32%	136		78
	187	Katherine COOPER	28:42	VW40-44	53.60%	41	New PB!	16
	188	Alison HESSELBERTH	28:47	VW60-64	68.38%	42		85
	191	Cathy WEBB	29:03	VW65-69	70.85%	44		192
	199	Gail OSBORNE	29:19	VW60-64	68.11%	47		88
	200	Martyn BANNER	29:22	VM60-64	56.07%	144		169
	202	Stuart NICHOLSON	29:28	VM65-69	57.47%	145		410
	206	Wendy HAWXWELL	29:38	VW50-54	57.26%	49		42
	207	Steve CUMES	29:38	VM50-54	50.17%	149		100
	213	Kay SADLER	29:49	VW40-44	52.77%	50	New PB!	33
	214	Oana MATTY	29:50	VW40-44	51.96%	51		52
	217	Derrick MORGAN	29:52	VM65-69	56.70%	154		21
	229	Tracey TERRY	30:32	VW50-54	55.57%	60		7
	231	Hayley STRADLING	30:35	SW25-29	48.39%	61		46
	239	Sam GRAHAM	30:57	VW40-44	49.70%	67		105
	247	Gillian SHUTLER	31:36	VW60-64	62.29%	72		80
	251	Holly STOCKWELL	31:53	SW25-29	46.42%	75		49
	259	Joanna REED	32:14	VW50-54	54.71%	79		80
	265	Philip MAY	32:38	VM65-69	51.38%	170		97
	279	Claire HANRAHAN	33:49	VW45-49	48.99%	91		80
	299	Lindsay PRATT	35:19	VW50-54	49.32%	103		21
	311	Greg ROWE	36:38	VM65-69	47.59%	182		20
	314	Amelia DOWLER	36:45	VW45-49	44.54%	116		100
	316	Catherine CHAMBERLAIN	36:49	VW45-49	45.00%	118		59
	319	Kate PROVIS	37:00	VW55-59	50.27%	121		64
	334	Nick RICHARDSON	38:35	VM45-49	37.02%	187		62
	335	Jacqueline HEALY	38:37	VW40-44	40.74%	131		171
	355	Geraldine MAY	41:31	VW60-64	48.09%	145		86
	356	Wendy SMITH	42:10	VW60-64	47.35%	146		304
	376	Andrew SMITH	55:36	VM60-64	29.89%	200		412
<b>Gnoll parkrun</b>			<b>109</b>	<b>22/10/2022</b>				
	53	Victoria JOHN	28:17	VW45-49	57.87%	17	First Timer!	69
<b>Fareham parkrun</b>			<b>195</b>	<b>22/10/2022</b>				
	3	David MALLARD	19:20	VM40-44	72.24%	3		264
	57	Tim CRUMPTON	26:24	VM65-69	64.71%	45		25
	70	Kevin SAUNDERS	27:37	VM50-54	54.25%	54		145
	78	Alison LAWRENCE	28:30	VW40-44	54.39%	17		267
	95	Charlotte GRIMWOOD	29:56	VW35-39	50.56%	26	New PB!	11
	159	Andy LEE	36:56	VM60-64	44.58%	85		242
	172	David MACSWAYNE	41:36	VM60-64	38.90%	89		297
<b>Strokestown parkrun</b>			<b>39</b>	<b>22/10/2022</b>				
	1	Daragh HENDLEY	18:40	VM45-49	78.39%	1	First Timer!	17
<b>Warwick Racecourse parkrun</b>			<b>225</b>	<b>22/10/2022</b>				
	3	Brad HAMMONDS	17:36	SM25-29	73.30%	3		53
<b>Berkeley Green parkrun</b>			<b>109</b>	<b>22/10/2022</b>				
	9	Mike HARPER	20:55	VM60-64	78.01%	8	First Timer!	467
<b>Kralingse Bos parkrun</b>			<b>64</b>	<b>22/10/2022</b>				
	6	Russ COLEMAN	19:06	VM45-49	74.26%	6	Nieuwe loper!	120
<b>Grove Fields parkrun</b>			<b>135</b>	<b>22/10/2022</b>				
	90	Chris WHEELER	32:19	VM40-44	42.86%	70	First Timer!	155
	96	Toby EVANS	33:00	VM40-44	42.32%	74	First Timer!	167
<b>Bushy parkrun</b>			<b>1330</b>	<b>29/10/2022</b>				
	619	Michael HEALY	27:27	VM50-54	53.73%	460	First Timer!	61
	746	Anne TROTMAN	28:38	VW50-54	59.25%	198	First Timer!	17
	789	Mark SAYWELL	29:01	VM60-64	55.26%	551	First Timer!	79
	932	Katherine COOPER	31:20	VW40-44	49.10%	298	First Timer!	17
	933	Gillian SHUTLER	31:22	VW60-64	62.75%	299	First Timer!	81
	984	Susan WAKEFIELD	32:28	VW50-54	52.93%	330	First Timer!	42
	1042	Jacqueline HEALY	33:53	VW40-44	46.43%	368	First Timer!	172
	1043	Peter REDMAN	33:53	VM50-54	44.96%	646	First Timer!	172
	1124	Claire DYSON	36:25	VW45-49	43.62%	432	First Timer!	17
<b>Southampton parkrun</b>			<b>820</b>	<b>29/10/2022</b>				
	13	Tim ROLFE	18:10	SM25-29	71.01%	13		131
<b>Southsea parkrun</b>			<b>412</b>	<b>29/10/2022</b>				
	18	Marcus LEE	20:48	VM50-54	72.04%	16	First Timer!	192

62	Amy FOX	22:57	VW40-44	66.67%	3	First Timer!	100
63	Greig BENSON	22:58	VM45-49	61.76%	55	First Timer!	121
122	Jon LEIGH	25:20	VM60-64	63.88%	100		146
146	Hilary MISSELBROOK	26:05	VW35-39	58.27%	20		52
185	Rob WILLIAMS	27:37	VM50-54	53.83%	139	First Timer!	146
194	Noah WILLIAMS	27:55	SM18-19	47.22%	145	First Timer!	20
241	Jodie FRANCIS	29:37	VW40-44	51.66%	61	First Timer!	76
<b>Whiteley parkrun</b>		<b>220</b>	<b>29/10/2022</b>				
7	Russ COLEMAN	19:17	VM45-49	73.55%	7		121
20	Matt EMERY	20:56	VM40-44	65.21%	20		124
58	Amie MORGAN	24:19	SW30-34	61.27%	9		256
64	Steve FULCHER	24:57	VM55-59	63.73%	52		84
75	Martin POWELL	26:02	VM65-69	65.04%	62		310
84	Dave JUDSON	26:29	VM45-49	55.25%	69		32
92	Steve JAMES	27:12	VM50-54	56.00%	75		74
103	Leyon JOSEPH	27:41	VM55-59	57.44%	81		37
104	Phillip TOWNLEY	27:41	VM60-64	57.92%	82		75
113	Adam HART	28:17	SM25-29	45.67%	91		28
122	Sarah NORTHCOTT	28:51	VW40-44	53.03%	24		87
130	Carl SCHAFFER	29:17	VM55-59	54.30%	102		201
181	Helen Michelle COULTHARD	35:49	VW45-49	44.77%	49		199
<b>Eastleigh parkrun</b>		<b>216</b>	<b>29/10/2022</b>				
123	Keith WHITAKER	31:34	VM70-74	58.13%	91		538
<b>Lymington Woodside parkrun</b>		<b>122</b>	<b>29/10/2022</b>				
38	Andy DONN	24:46	VM50-54	59.56%	29	First Timer!	103
42	Evan DE WET	25:03	SM25-29	51.50%	31		23
54	Lisa DONN	26:46	VW50-54	62.64%	15	First Timer!	59
<b>Winchester parkrun</b>		<b>388</b>	<b>29/10/2022</b>				
100	Jamie EARLEY	24:17	VM35-39	54.63%	88		164
<b>Chippenham parkrun</b>		<b>179</b>	<b>29/10/2022</b>				
58	Tim MATTHEWS	26:18	VM45-49	54.31%	52	First Timer!	166
<b>Netley Abbey parkrun</b>		<b>196</b>	<b>29/10/2022</b>				
17	Andrew STOCKWELL	22:00	VM50-54	68.71%	15		302
35	Charlotte LORD	23:42	SW25-29	62.45%	3		94
56	Frances Louise LORD	25:44	VW60-64	77.59%	7		177
106	Holly STOCKWELL	29:28	SW25-29	50.23%	24		50
112	Samantha STOCKWELL	29:44	VW50-54	57.79%	28		102
149	Russell MEAD	33:00	VM55-59	47.78%	95		278
<b>Lee-on-the-Solent parkrun</b>		<b>367</b>	<b>29/10/2022</b>				
4	Chris WILLIAMS	18:21	SM30-34	71.48%	4		205
8	Simon ROSS	19:45	VM45-49	72.91%	7		371
17	Richard EDMUNDS	20:52	VM50-54	73.00%	15		75
19	Ken CHEUNG	20:56	VM45-49	67.75%	17		19
20	Graham MARTIN	20:58	VM50-54	70.35%	18		180
22	Lucy MAY	21:16	VW35-39	70.53%	1		78
24	Sean MARTIN	21:32	SM20-24	60.53%	21		25
30	Rachel FARGHER	21:47	VW45-49	73.60%	2		75
35	Simon HEARNDEN	22:05	VM45-49	65.74%	31		82
43	Callum SWANN	22:34	SM25-29	57.16%	38		128
48	Dominic SHEPHERD	23:00	VM55-59	69.13%	43		73
53	Jon PLOMER	23:19	VM50-54	63.26%	47		145
59	Stuart BAMBERGER	23:31	VM45-49	62.23%	52		114
81	Steven MATTY	24:53	VM45-49	57.87%	71		81
83	Samantha WHITING	25:00	SW30-34	59.27%	8		27
87	Sara MCRITCHIE	25:21	VW45-49	64.56%	9		193
91	Mick WELLAND	25:34	VM75-79	76.92%	79		230
92	Zac CONATY	25:37	VM50-54	57.58%	80		89
93	Mike SMITH	25:37	VM65-69	65.45%	81		71
100	Danielle STANNING	25:57	VW45-49	61.21%	12		72
101	John BLAKE	26:01	VM50-54	57.14%	86		97
102	Keith CARTER	26:05	VM60-64	62.56%	87		24
111	Sam GRAHAM	26:27	VW40-44	58.16%	17		106
112	Jonathan MILLS	26:33	VM50-54	55.99%	92		102
117	Chris WHEELER	26:41	VM40-44	51.91%	95		156
120	Victoria JOHN	26:49	VW45-49	61.03%	21		70
126	Oana MATTY	27:04	VW40-44	57.27%	23		53
135	Adam JOEL	27:22	VM40-44	51.40%	105		18
142	Philip OWEN	27:39	VM55-59	56.06%	112		234
143	Victoria Kate JOEL	27:45	VW45-49	57.78%	28		32
144	Sarah BARRON	27:47	VW50-54	63.47%	29		187
151	George HOWARTH	28:17	VM60-64	58.75%	116		116
160	Alison BYATT	28:41	SW30-34	51.71%	34		61
161	Gail OSBORNE	28:47	VW60-64	69.37%	35		89
165	Stuart NICHOLSON	28:52	VM65-69	58.66%	125		411
169	Emma BAKER	28:55	VW40-44	52.91%	40		78
179	Cathy WEBB	29:15	VW65-69	70.37%	46		193
186	Martyn BANNER	29:32	VM60-64	55.76%	133		170
194	Hayley STRADLING	30:16	SW25-29	48.90%	54		47
209	Toby EVANS	31:13	VM40-44	44.74%	143		168
243	Julie STRADLING	33:39	VW55-59	53.10%	79		63
261	Louisa KNIGHT	35:05	VW50-54	48.36%	94		83
269	Stacey READ	35:45	VW40-44	43.36%	101		176
275	Claire JOHNSON	36:44	VW50-54	46.19%	107		128
311	Catherine CHAMBERLAIN	40:07	VW45-49	41.30%	134		60
317	Lisa EVENS	40:57	VW50-54	42.53%	139		116
341	Wendy SMITH	45:37	VW60-64	43.77%	156		305
360	Andrew SMITH	45:37	VM60-64	26.73%	184		413
<b>Tooting Common parkrun</b>		<b>548</b>	<b>29/10/2022</b>				

11	Josh CULLEN	19:09	SM25-29	67.36%	9		97
<b>Portsmouth Lakeside parkrun</b>		<b>231</b>	<b>29/10/2022</b>				
38	Stephen ANDREWS	24:49	SM25-29	51.98%	32		134
<b>Fareham parkrun</b>		<b>209</b>	<b>29/10/2022</b>				
3	David MALLARD	19:32	VM40-44	71.50%	3		265
11	Richard BAILEY	20:50	SM30-34	62.40%	10	First Timer!	112
64	Claire PROCTER	26:07	VW40-44	58.90%	12		45
67	Andy LEE	26:23	VM60-64	62.41%	53		243
76	Kevin SAUNDERS	27:25	VM50-54	54.65%	59		146
82	Alison LAWRENCE	27:55	VW40-44	55.52%	15		268
181	Melissa BARHAM	40:41	VW45-49	39.41%	77		138
<b>Monsal Trail parkrun</b>		<b>177</b>	<b>29/10/2022</b>				
29	Richard MACKAY	22:53	VM45-49	61.98%	20	First Timer!	49
152	Janet SHAW	35:02	VW55-59	52.38%	46	First Timer!	210
166	Tina MACKAY	44:18	VW45-49	36.19%	58	First Timer!	82
<b>Exmouth parkrun</b>		<b>377</b>	<b>29/10/2022</b>				
340	Zoe LEE	40:13	VW45-49	40.70%	141	First Timer!	30
<b>New Earswick parkrun</b>		<b>87</b>	<b>29/10/2022</b>				
22	Richard JACKS	24:09	VM40-44	57.83%	20	First Timer!	144
<b>Dishley parkrun, Loughborough</b>		<b>164</b>	<b>29/10/2022</b>				
1	Tommy BLAKE	19:03	SM20-24	68.42%	1	New PB!	110
<b>Woolacombe Dunes parkrun</b>		<b>109</b>	<b>29/10/2022</b>				
55	Mike HARPER	31:13	VM60-64	52.27%	39		468
<b>Itchen Valley Country parkrun</b>		<b>114</b>	<b>29/10/2022</b>				
9	Dave THORPE	22:32	VM40-44	62.43%	9	First Timer!	44
<b>Great Salterns parkrun</b>		<b>94</b>	<b>29/10/2022</b>				
65	Martin READ	37:48	VM65-69	44.80%	39	First Timer!	132
<b>Stokes Bay junior parkrun</b>		<b>69</b>	<b>30/10/2022</b>				
13	Edwin CHOWNS	10:56	JM10	56.96%	11		46