The Green Runner

https://www.stubbingtongreenrunners.net

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Chairman's Report

As most members are aware, we recently sadly lost one of our members, Stuart Nicholson, who's our cover photo this month.

Stuart had been a member of the club for 7 years and had represented the club at many events and was a regular at training sessions. Stu was very proud of being a member of SGR. We will remember Stu for his positivity, energy and happiness. Stu was a dedicated parkrunner and had completed 538 parkruns and was still there right to the end.

The following is my report for the last year and apologies to those who already heard this at the AGM:

"I am now pleased to present my report at this, the conclusion of my tenth year as Chairman of Stubbington Green Runners and indeed 14th consecutive year on the committee. It really is an honour to be the chair of this great club and I am very appreciative of the support all the members of the club give me for this.

Let me start with a very grateful thank you to all members of the committee that have supported the club through this last year. We may not always agree on everything we discuss but we have an open and honest debate before we reach a decision on a subject which we then all support. We have held 12 committee meetings through the year which is 2 more than our constitution requires. We have nominations for all the positions including 2 nominations for the position of club coach so I will ask the 2 nominees to briefly outline why they should be appointed to this important position – following this we will have a secret ballot and the person with the most votes will be automatically elected to decide the winner. One committee member is standing down after 2 years on the committee as our secretary so I would like to thank Debbie Adams for her contribution during this period and recognise this with a small thank you. Louise, as our Vice Chair please can you present Debbie with these gifts – thank you.
As well as the committee positions we also have a number of non-committee roles, so I would also like to thank Richard Mackay for the Green Runner, Nicky Beal and Grace Thompson for looking after everything RR10 related and Rob Williams for CC6 . Not forgetting of course that we have some committee members taking on additional responsibilities – Lisa for Southern Cross Country, Andy for all the other winter cross countries and Stacey for HRRL.We also need to say thanks to Nick Kimber for his support to our handicaps whether it's providing copious portions of fish and chips or mulled wine and mince pies at the Christmas handicap. Thanks guys, your support to these various roles is very much appreciated. Other members of our club who deserve thanks are our leaders and coaches who give up their time week in week out to support the group runs and sessions the club provides – all for that bargain price of just £16 a year. Thanks everyone.

The club put on a fantastic 10k in January and Sara Bamberger with her able deputies Stacey Read and Stuart Bamberger (although I'm not sure how much choice Stuart had in the matter!) did an amazing job pulling everything together and with the support of the rest of the club the race just couldn't have gone better – thank you. We do have an agenda item later to address the issue of ensuring we get the necessary support from the club membership. The race was again able to generate a not insignificant profit which will be split between our 2 charities the Rowans Hospice and the Stubbington Ark – I know they will both be extremely grateful for our support and I will leave Sarah to cover the proposed donations in her report.
We had a successful celebration evening last year at the Solent Hotel and everyone seemed happy with the new venue so we have booked again for this year so please put Saturday 15th November in your diaries for this great social event.

I mentioned charities earlier and we will need a new charity for this year and there will be an email going out shortly requesting your nominations – remember we like to keep the charity local if possible.

As you know sadly my running days are now over due to injury and unfortunately other health issues have meant that my supporting role hasn't been quite so visible over the last couple of years but that hasn't diminished my commitment to this great club so I would just like to repeat that I have enjoyed the privilege of being your chairman for the last 12 months and look forward to working with the committee over the coming year in support of this great club!"

Happy Running
Kevin

Captains' Report

Captains' Corner

March saw the winding down of the Winter XC season. The last CC6 was at Itchen Valley Country Park with 16 Stubbie runners. The men were led home by Toby Smith 22nd, 27th Max Buckton, 36th Matt Emery, 50th Liam Jennings, 51st Chris Sandy 58th Pete Tugwell, 84th Tim Matthews, 89th Nick Crane and 91st Rob Williams. The men were 7th on the day and finished 6th overall. The ladies were 3rd and finished 5th overall led home by Kelley Haniver 3rd (2nd F40), 8th Lucy May, 27th Nikki Roebuck, 53rd Helen Benson, 61st Frances Lord (3rd F60), 82nd Kayleigh Collett and 93rd Karen Turtle.

The final standings in the league for people who completed enough races. For the ladies 4th Kelley Haniver (2nd F40), 12th Lucy May, 25th Nikki Roebuck, 54th Helen Benson and 59th Frances Lord (3rd F60). For the men, 21st Max Buckton, 24th Toby Smith, 42nd Matt Emery, 44th Chris Sandy, 54th Chris Cullen, 76th Tony Beswick, 83rd Liam Jennings, 104th Nick Crane, 113th Rob Williams and 119th Tim Matthews.

Sunday 2nd. Was a busy weekend with Stuart and Sara Bamberger going on tour to take part in the Chippenham 10 mile. Great 10-mile friendly run – which I highly recommend.

Sunday 16th was the Reading 10/20. We had two runners in the 20 mile – Mark McDonald and Sara Bamberger. Tracie Jarvis and Stuart Bamberger did the half marathon with Marie McDonald in the 10 miles. Well, done to Tracie who came 1st in her age category.

The Andover 20 was also on the same day, well done to Kieran Chaplin, Stacey read, Andrea Nicole, Daisy McClements and Chris Hall.

The Bath half marathon was also taking part that day and well done to Gill Shutler, Tracey Shimmen and Janine Jenkins.

Well done to everyone that also took part in the Fleet Half Marathon, Tom Kirby 1.10.52 PB, Allan McKinnon 1.17.18 PB, Rob Egerton 1.26.16, Anna Wilby-Lopez 1.29.46 PB and Andy Lee 1.59.27.

Well done also to Philip Townley who completed the Barcelona marathon in 3.41.03.

Sunday 23rd was the Eastleigh 10k, we had quite a few runners taking part. It was a warm day for this 10k which took us all by surprise. Well, done to everyone that took part. Anna Wilby-Lopez 42.27, Maria Millican, 44:12 (1st F55-59), Sara Bamberger 53:09, Sarah Baron 58:46, Sarah Clansey 59:02, Jules Dinwoodie 1.04.46, Rachel Mullin 1.08.30, Heather Graham 1.09.44, Sue Moore 1.09.56, Tracey Terry 1.09.57, Katherine Owen 1.12.09, Claire Hanrahan 1.14.29, Jo Reed 1.18.07, Louisa Knight 1.24.12 and Claire Johnson 1.24.13. For the men Jack Strougler 38.06, Steve Matty 45.27, Haydn Brown 46.07, Stuart Bamberger 48.23, Mark Saywell 57.00, Chris Wheeler 57.11, Phil Owen 57.20, Gary Stradling 58.26, Russell Mead 59.39, James Corder 66.29, David Kimber 67.15, George Howarth 72.01 and Mel Barnham 88.37.

We also had a few runners at the Coombe Gibert, well done to everyone that took part.

Reading half marathon was also on the same day – well done to Stacey Reed

Saturday 29th saw three of our ladies take on the Big Feat 50-mile event. Well, done to Louise Tanner, Laura Kay and Marie McDonald. You all did amazing.

Sunday 30th Massive well done to John Gobbi for his challenge taking part in the Tenerife Bluefin 73k.

Stubbington Green had a male representative for Hampshire in the Inter-Counties Cross-Country race in Nottingham, so congratulations to Tom Kirby getting a Hampshire vest and finishing in 151st in 34.51 for 10K. Hampshire was the 10th county on the day.

Club News

The content of The Green Runner depends on the contributions made by club members. If you have any articles suitable for submission please do email me for inclusion in a future edition. The Facebook page is pretty lively but only ephemeral. You will last longer with a Green Runner.

The Time Tunnel

The Stubbington Green Runners' website hosts back-issues of The Green Runner dating back to the Club's inception in 1985. Newsletters - Stubbington Green Runners

Please remember to wear your SGR shirt when taking part in HRRLs in order to qualify for club and individual points.

Forthcoming Club Events and Socials

Useful Links

Order online or instore with Alexandra Sports, stockists of SGR sportswear:

https://www.alexandrasports.com/collections/club-kit?sort_by=relevance&q=stubbington+green

SGR Session and Training Calendar

https://www.stubbingtongreenrunners.net/training/