Health & Safety Policy

Policy Statement

This is the health and safety policy statement of Stubbington Green Runners.

Our health and safety policy is to:

- minimise the risk of accidents or ill health associated with any club activities
- manage proactively health and safety risk at club sessions and events
- provide clear instructions about H&S and support appropriate training, for all our coaches, leaders and volunteers, to ensure they are competent to do their role.
- consult with our coaches, leaders, volunteers and members on matters concerning their health and safety
- review and revise this policy regularly

Signed: Kevin Ashman

Name: Kevin Ashman

Position: Chairman

Date: 17th April 2026

Responsibilities for health and safety

The overall and final responsibility for health and safety is: Kevin Ashman

The day to day responsibility for ensuring this policy is put into practice is: Kevin Ashman

To ensure that health and safety standards are maintained/improved, the following people have responsibility in the following areas:

- Safety and risk assessments relating to group runs and coached sessions – Mike White
- Safety and risk assessments relating to the Stubbington 10k – Sara Bamberger
- Safety and risk assessments relating to our hosted CC6 – Rob Williams
- Safety and risk assessments relating to our hosted RR10 – Helen Benson/Tim Matthews
- Safety and risk assessments relating to all other club events (ie. social events) – Kevin Ashman

All coaches, leaders and volunteers should:

- co-operate with the appropriate person responsible on health and safety matters (above)
- take reasonable care of their own health and safety
- report all health and safety concerns to an appropriate person (above).
- report all accidents and near misses to the person responsible on health and safety matters (above) and on line to England Athletics.

All members should:

- follow instructions and co-operate with the leader/coach of the session
- take reasonable care of their own health and safety
- report all health and safety concerns to the leader/coach of the session

Arrangements for health and safety

Risk Assessment:

- we will carry out relevant risk assessments for sessions/group runs/events and take action
- we will review risk assessments on a regular basis; and/or when conditions change, and/or when an accident or near miss has occurred.

Training:

- we will make first aid training available to all coaches and leaders

Consultation:

- we will consult with leaders/coaches routinely on health and safety matters as they arise, (*and formally within the committee when we review health and safety).*